

# Qualities Quest! Game

## Leader's Guide

Qualities Quest is a challenging and fun board game for students to understand the Top 10 Qualities of True Friendship and how they are experienced in everyday life.

As Friendship Finders, students go on a colorful Quest on The Friendship Ship collecting Qualities of True Friendship Sails: Faithful, Respectful, Interests shared, Empathy, Nice, Dependable, Supportive, Honesty, Integrity and Polite. When they have collected all 10 Sails, they are Winners and TRUE Friends!

The object of the Game is to answer the True or False questions correctly and move along the game board collecting **Sails of True Friendship**.

Using every day examples, students must decide if a true quality of friendship is being demonstrated. Their path is not always straight forward; sometimes they go ahead, sometimes they go backwards and have to get "**Back on Track**". Along the way, they will be faced with special "**Quality Questions**", be confronted with a "**Quality Quandary**", have a few "**Missed Q's**" and even get stuck in "**No Quality Quicksand**".

As students earn each **Quality**, write the letter in the correctly numbered **Sail** at the bottom of the page. At the end of the game, they will have spelled out the word "**FRIENDSHIP**".

Before starting the game, please display the "Qualities Quest" game page (on the next page) and distribute tokens; they can be anything you want (e.g., paper clips, coins, erasers).

Read aloud to students:

Let's be a **Friendship Finder** and go on a **Qualities Quest!**

Collect as many Sails of True **Friendship** as you can.

As you earn each **Quality**,

write the LETTER in the correctly numbered Sail.

At the end of your Quest, when you have collected **all 10**,

you are a **Winner** and a **TRUE Friend!**

We are Ready to Play!

Place your token on **Start**.

Here's our first True or False Question:

# Qualities Quest!



Let's be **Friendship Finders** and go on a **Qualities Quest!**  
Collect as many Sails of True **Friendship** as you can.

As you earn each **Quality**,  
write the **LETTER** in the correctly numbered Sail.  
At the end of your Quest, when you have collected **all 10**,  
you are a **Winner** and a **TRUE Friend!**



**Start** (with arrow pointing left)

**Quality Question** (with question mark icon)

**Q** (Quality icon)

**Missed the Q** (with arrows pointing back)

**Back on Track** (with arrows pointing forward)

**Missed the Q** (with arrows pointing back)

**Back on Track** (with arrows pointing forward)

**Missed the Q** (with arrows pointing back)

**Back on Track** (with arrows pointing forward)

**Missed the Q** (with arrows pointing back)

**Back on Track** (with arrows pointing forward)

**Quality Quandary** (with letters A, B, C and question marks)

**No Quality Quicksand** (with 'Q' in a circle with a slash and 'Stuck' text)

**True Friend** (with 'FRIENDSHIP' banner)

**Qualities:** Faithful (1), Empathy (4), Respectful (2), Dependable (6), Nice (5), Polite (10), Interests (3), Supportive (7), Integrity (9), Honesty (8)

**Sails (1-10):** 10 numbered boxes for collecting quality letters.

# Qualities Quest!

Leader's Guide pg. 2

## True or False Quality Questions

1. True or False: Isabel is Faithful to her spelling bee partner, Noah, when she sticks with him even though he struggles with some of the words.

Touch your Nose if you think this is True.

The answer is True. Move ahead 4 spaces.

2. Although Amy's team hardly ever wins, Rob shows he is Faithful by being loyal and rooting for her.

Touch your Elbow if you think this is True.

The answer is True. Move ahead 2 spaces.

You have earned your first Sail for Faithful. Write the Letter "F" on Sail #1.

3. Nina shows Empathy when she asks Betsy how she is feeling after she scraped her knee on the playground.

Touch your Chin if you think this is True.

The answer is True. Move ahead 6 spaces.

4. Tyler shows Empathy when he stops and stares at Tessa when she walks into class with a new cast on her arm.

Touch your Knee if you think this is True.

The answer is False. Staring at someone does NOT show Empathy; it is rude.

Move BACK 2 spaces.

5. When Charlie hears that Duncan's mom is sick, he shows Empathy by putting his arm around his friend and asking if he is okay.

Put your Arm around the person next to you if you think this is True.

The answer is True. Move ahead 5 spaces.

You have earned your next Sail. It is for Empathy. Write the Letter "E" on Sail #4.

6. When the teacher asks a question, Lilly and Peter have very different answers but are Respectful as they listen and value what each other has to say.

Touch your Ears if you think this is True.

The answer is True. Move ahead 3 spaces.

# Qualities Quest!

Leader's Guide pg. 3

## True or False Quality Questions

### 7. ???QUALITY QUESTION???

When Adam has something to add to Isaiah's show and tell, how is he **Respectful**? Does Adam interrupt Isaiah or does he wait until his friend is finished?

If you think Adam is **Respectful** by waiting, stand up.

If you think he interrupts, stay seated.

Adam is **Respectful** by waiting for his friend to finish. Everyone move ahead 4 spaces.

You have won your Sail for **Respectful**. Write the Letter "**R**" on Sail #2.

8. To show his **Support**, Marquand spends a lot of time with Ketesha to help her learn her lines for the school play.

If you think this is **True**, touch your shoulder.

The answer is **True**. Marquand is **Supportive**. Move ahead 5 spaces.

9. Rachel is **Supportive** when Naomi asks her to help with the bake sale and Rachael says no without giving any reason.

Raise your hand if you think this is **True**.

The answer is **False**. **You Missed the Q!** Follow the arrows to the Missed Q.

Here is your Try Again Question to get Back on Track:

10. For Lenny's car wash fundraiser, Rosie is **Supportive** helping him make posters as well as sharing her crayons.

If you think this is **True**, hop on one foot.

The answer is **True**. Rosie is **Supportive**. Get Back on Track to the Baseball.

11. Since Joey is nervous to see the school nurse, Samantha is **Supportive** and goes with him.

Touch your head if you think it is **True**.

It is **True**. Samantha is **Supportive**. Move ahead 3 spaces.

You achieved your next Sail for **Supportive**. Write the Letter "**S**" on Sail #7.

12. Laura is **Nice** as she compliments Andre on how good he looks in his new pair of glasses.

Point to both eyes if you think this is **True**.

The answer is **True**. Laura is being **Nice**. Move ahead 5 spaces.

## Qualities Quest!

Leader's Guide pg. 4

### True or False Quality Questions

13. When they are picking teams for soccer, Mike is **Nice** and makes sure that his friend Brooke is included on the team too.

If you think this is True, touch both shoulders.

The answer is True. Mike is Nice. Move ahead 2 spaces.

You have earned your next Sail for **Nice**. Write the Letter "**N**" on Sail #5.

14. Because he always does what he says he will do, Levi knows Jacob will be **Dependable** and bring him back the baseball glove that he has borrowed in time for his game.

Swing a bat if you think it is True.

The answer is True. Jacob is Dependable. Move ahead 3 spaces

15. Parker is **Dependable** when he consistently makes plans with Jamie and then backs out at the last minute.

If you think it is True, shake your head yes.

The answer is False. **You Missed the Q!** Follow the arrows to the Missed Q.

Here is your Try Again Question to get Back on Track:

16. Jim can always count on Nina to meet him at his garden at 8 o'clock to walk to school each morning.

If you think Nina is Dependable, jump in place twice.

It is True. Nina is Dependable. Get Back on Track and move along the arrows to the Sun.

17. Raphael is **Dependable** and keeps his promise to meet Jamal in the library even though he just got invited to go a party.

Clap your hands three times if you think it is True.

The answer is True. Raphael is Dependable. Move ahead 3 spaces.

You deserve your sixth Sail for **Dependable**. Write the Letter "**D**" on Sail #6.

18. Jonas and Jasmine share the same **Interests** because they both like to paint and play basketball.

If you think it is True, clap your hands twice.

The answer is True. Move ahead 2 spaces.

19. Stella thinks Marco's Interest in collecting coins, stamps and baseball cards is a waste of time.

If you think Marco is showing True Friendship, touch your toes.

The answer is False. **You Missed the Q!** Follow the arrows to the Missed Q

## Qualities Quest!

Leader's Guide pg. 5

### True or False Quality Questions

Here is your Try Again Question to get Back on Track:

20. Carmel and Iris enjoy reading books together and writing their own stories too!  
If you think Carmel and Iris share the same **Interests**, pretend to read a book.  
The answer is True. Get Back on Track to the Baseball

21. Nathan spends lots of time learning magic tricks and performing them  
with Maddox.  
Give yourself a hug if you think Nathan and Maddox share Interests.  
The answer is True. Move ahead 9 spaces.

You have won your next Sail. It is for **Interests**. Write the Letter "I" on Sail #3.

22. Danny **Politely** asks Jessie, "May I please borrow your pencil sharpener?"  
If you think Danny is Polite, touch your ears.  
The answer is True. Danny is Polite. Move ahead 2 spaces.

23. \*\*\* NO QUALITY QUICKSAND\*\*\*  
Hannah shoves Lexi and cuts in front of her in the lunch line.  
What is Hannah doing? Hannah is being impolite and rude. You are stuck.  
Do not move forward or backward.

Here is your Get out of Quicksand Question:

24. When Tony has his hands full of books, Carmen holds the door open for him.  
Tony thanks Carmen for being **Polite**.  
Touch your nose if you think it is True.  
The answer is True. You Get out of Quicksand and Move ahead 3 spaces.

You have earned your next Sail for **Polite**. Write the Letter "P" on Sail #10.

25. Christopher demonstrates his **Integrity** when he goes to the library with Jamie  
even though he really wants to go to play soccer.  
If you think it is True, touch your knee.  
The answer is True. Christopher shows Integrity. Move ahead 3 spaces.

## Qualities Quest!

Leader's Guide pg. 6

### True or False Quality Questions

26. Jackson shows his Integrity to Erica when he stays with her until her mom arrives rather than going to play basketball.

Touch your shoulder if you think it is True.

The answer is True. Jackson shows Integrity. Move ahead 2 spaces.

You deserve your Ninth Sail for Integrity. Write the Letter "I" on Sail #9.

27. When Joel accidentally breaks the toy, he tells Joannie the truth when she asks him how it happened.

If you think Joel is Honest, shake your hands.

The answer is True. Joel is being Honest. Move ahead 6 spaces.

28. Sam is Honest when he tells Travon he cannot come over to his house because he is sick, but he is really going over to David's house to play.

If you think this is True, look down.

The answer is False. Sam is lying. He is being dishonest. Move BACK 1 space.

29. \*\*\* QUALITY QUANDARY\*\*\*

Stella picks up Alex's hair clip that falls out of her backpack without her knowing it. Stella really likes this hair clip and needs a new one. Plus no one sees her pick it up. What does Stella do?

If Stella is trustworthy, does she keep it or return it?

Because Stella is HONEST, she returns the hair clip to Alex.

Stella also demonstrates Integrity. Move ahead 1 space

30. When Billy wants to copy Peter's paper, Peter is Honest and tells Billy that isn't right and he must do his own work.

If you think Peter is being Honest, jump up and down.

The answer is True. Move ahead 3 spaces.

You have earned your final Sail. It is for Honesty. Write the Letter "H" on Sail #8.

Yea!!! We have completed our Quest earning all 10 Qualities of Friendship!

Move ahead 2 spaces into the Friendship Circle.

**We are all True Friends! Our "Friendship" is unsinkable!**

**Let's always remember:**

**"To have good friends, you must be a good friend".**