



# The Can-Do Crew



**THE ROAD OF RESPECT**  
Respect



**ALTRUISTIC ALL-STARS**  
Altruism



**HANDFUL OF COMPASSION**  
Compassion



**BE A PHILANTHROPIST**  
Philanthropy  
Fundraising  
Caring & Commitment



**COOPERATION CREW**  
Cooperation



**HEALTHY HERO**  
Nutrition



**BE A LEADER!**  
Empathy  
Empowerment  
Inclusion



**SPOTLIGHT ON INTEGRITY**  
Integrity



**KINDNESS KID**  
Consideration  
Kindness  
Multigenerational  
Relationships



**GENEROUS GARDNER**  
Generosity



**A TRUE FRIEND**  
Friendship



INTEGRITY

# The Can-Do Crew

Super Crew  
World Changers

Grade levels: 2,3,4  
Subject: Integrity  
Time Frame: 25-30 mins

## SPOTLIGHT ON INTEGRITY

Shine the **Integrity Spotlight** on being fair, honest and doing what is right at home, at school and in the community. Through role play using real life situations, students learn to make respectful and ethical choices. Students become mindful of positive self-management and responsible decision making as they engage in fun interactive games focusing on these key SEL skills. Experience **Integrity** in short, fun and easy to follow lesson plans for grades 2,3 and 4.

### Included in the Unit:

- The Can-Do Crew and You  
Our Can-Do Code Path  
The Can-Do Code  
Project on screen, read aloud and follow directions
- I have Integrity! Definition, Gesture and Example  
Let's be Integrity Super Crew World Changers  
Project on screen, read aloud and follow directions
- Spotlight Stage - Integrity  
Project on screen or hand out copies and follow directions
- Truth and Stare Game  
Project on screen, read aloud and play game

### Time Frame:

(3-4 minutes)

(4-5 minutes)

(5-10) minutes)

(5-10 minutes)

### What you will need:

1. Capability to display on screen or print copies

### Bonus Activities:

"Making Old Friends" Story and discussion questions  
"Community Champ Crusade...Becoming a Kindness Kid" Game  
Readers' Theatre: "Making Old Friends"

# The Can-Do Crew and You

We know that even **ONE** person  
can make a big difference in the world...

by caring,  
by finding ways to help,  
and by doing good deeds.



It is **FUN, EASY** and **EVERYBODY** can do it!

Let's see if **YOU** can, too!

Do **YOU** care about other people?

If you do, Stand up

Do **YOU** help those in need?

If you do, Stand up and clap your hands

Do **YOU** do acts of kindness for others?

If you do, Stand up, clap your hands and stand on one foot.

Do **YOU** think you can Make a Difference in the world?

If you do, Stand up, clap your hands, stand on one foot and hop  
all at the same time

Let's Shout out our Motto:



**We can  
make the  
world better!**



Now let's follow

Our **Can-Do Code** Path

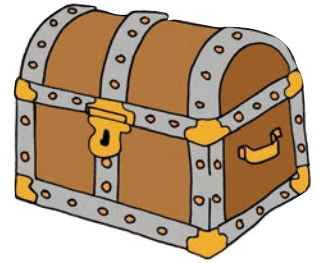
# Our **Can-Do Code** Path

leads us to a

## **Treasure Trunk**

where we will uncover

### **Powerful, Mighty and Amazing** **World Changing Words**



We call them **WCW** and  
they will guide us to being



**Super Crew**  
**World Changers**



Now stand up strong and tall.  
Put your fists on your hips and shout:

We will:

**Learn these words!**

**Understand their meanings!**

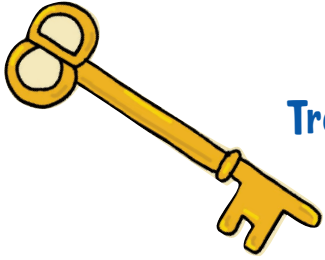
**Use them everyday!**

How do we get started?

We need a **KEY**  
to open the **WCW** Treasure Trunk!



# The Can-Do Code



is the **KEY** to opening the  
**Treasure Trunk of World Changing Words**  
We live by the Can-Do Code.  
It helps us Make the World Better!



Let's say it together:

When we are saying things  
**We are Mindful and Kind**  
Let's stand up, tap our heads and smile

When we are doing things  
**We Show Respect and Compassion**  
Let's stand up, salute then touch our hearts

Because our actions affect others  
**We are Considerate and Purposeful**  
Let's stand up, open our arms wide and march in place

Now that we have  
the **KEY**,  
let's open the  
**Treasure Trunk**  
on our Path to be  
**Super Crew**  
**World Changers!**

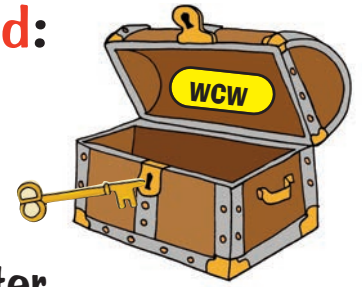




Here is our **World Changing Word**:

# Integrity

Let's discover it's meaning and how we use it to make the world better.



## Integrity

being fair, honest and doing what is right

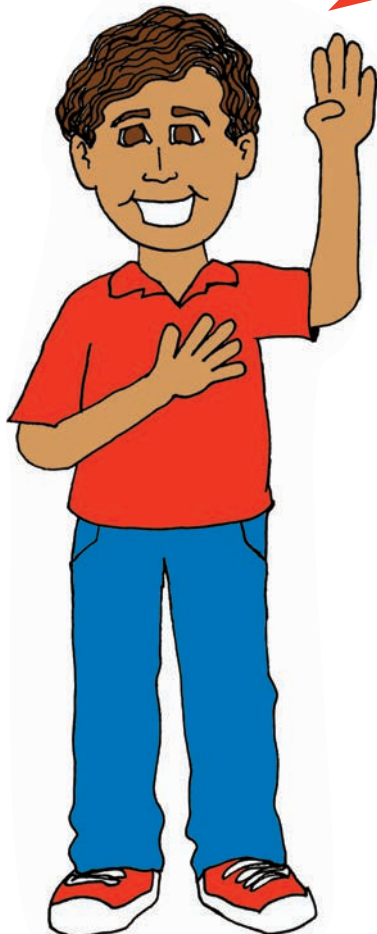
I have **Integrity!**

Lilly picks up the trash in the park without being asked because it is the right thing to do.



To help you remember what **Integrity** means, make this **Gesture**:

Stand up and put your right hand on your heart and raise your left hand like you are making a promise





Let's Be

**INTEGRITY**  
**Super Crew**  
**World Changers**



Here are some ways to have **INTEGRITY**:

Even though Sarah does not know she lost her bracelet, when Eddie sees it on the playground he returns it to her.

How does Eddie show **INTEGRITY**?

Without being asked, Marquand gives back Justin's mitt that he borrowed even though he wished he could have kept it.

Why is Marquand showing **INTEGRITY**?

After Yoshi goes to the store for Mr. Lopez, he returns all the extra money to Mr. Lopez.

What are Yoshi's choices? How does he show **INTEGRITY**?

Show your **Super Crew World Changing POWER!**

1. Say the World Changing Word

I have  
**Integrity!**

3. Signal its Gesture

Stand up and put your right hand on your heart and raise your left hand like you are making a promise



2. Give its Meaning

**Integrity** means being fair, honest and doing what is right

4. Tell **YOUR** way to show **INTEGRITY!**



**Spotlight Stage**  
at the  
**"Can-Do Crew" Theater**

Who is the  
**WCW  
Star**  
in the  
**Spotlight?**

We will be acting out 2 short scenes  
with 6 actors at a time.

Shine the Spotlight on the actor who  
shows the World Changing Word

**INTEGRITY**

Then stand up and show the  
**Gesture Signal**



When you are in the audience,  
please be  
**Quiet and Courteous**  
and listen to the actors.

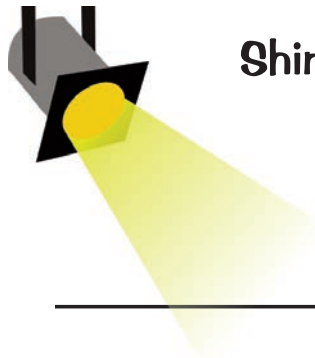




# Spotlight Stage

at the  
"Can-Do Crew" Theater  
Leader's Guide

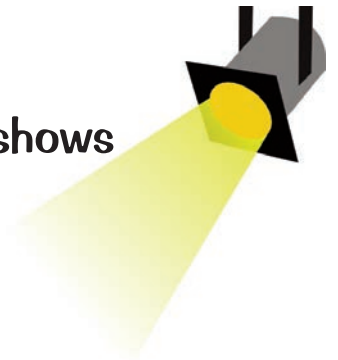
Who is the  
**WCW  
Star**  
in the  
**Spotlight?**



Shine the Spotlight on the actor who shows

**INTEGRITY**

Who is it and why?



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**Act 1, Scene 1: Jasmine**

Jasmine shows Integrity because she is honest and returns the marker without being asked.

**Act 1, Scene 2: Deshawn and Lizzie**

Both Deshawn and Lizzie are standing up for Integrity. They both know it is not right to steal, it doesn't matter if someone is watching or not, and it is most important to be honest and fair.

# Spotlight Stage

at the  
"Can-Do Crew" Theater

Act 1, Scene 1: Making a get well card for our teacher.

George: I am so glad we are making this get well card for our teacher, Mrs. Johnson.

Maggie: We all feel badly that she fell and broke her leg. She will like the hearts and flowers that we are drawing.

Jamal: Too bad Rachel lost her red marker. We could really use it for the hearts!

Antonio: Oh, here comes Jasmine. She looks like she wants to tell us something.

Jasmine: I found this marker on the playground. Does it belong to any of you?

Rachel: Oh! I have been looking everywhere for that! Thank you for being honest and returning it!

Everyone: Now our card will be perfect!



Shine the Spotlight on the actor who shows

**INTEGRITY**

Who is it and why?



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When were **YOU** the Star with **INTEGRITY**?  
How did it make you feel?  
Stand up and show the Gesture Signal



# Spotlight Stage

at the  
"Can-Do Crew" Theater

Act 1, Scene 2: In the Lunchroom.

Whitney: These apple slices are really good. I wish I could have more.

Carlos: We are only supposed to get one bag each.

Bella: At my old school when no one was looking,  
we would just take an extra bag of apple slices.

Jason: Really? I have never done that before. Should we try that?

Deshawn: No! That is just not right! We need to be honest and fair.

Lizzie: Besides, it does not matter if anyone is looking or not.

Everyone: We should always do what is right.



Shine the Spotlight on the actors who show

**INTEGRITY**

Who are they and why?



When no one is looking, do YOU do the right thing?

If you do, wave both hands in the air

Do YOU try to be Fair and Honest?

If you do, give yourself a Big Hug

Because YOU do these things

stand up and make the Gesture Signal for Integrity



# Truth and STARE

## "Everybody's In!" Honesty and Integrity Game

### Leader's Guide

Teaching the values of **integrity** and **honesty** are easy in this creative and simple group game. Students must be accountable for their own actions and do the right thing even though it may mean they are out of the game.

Having a profound positive impact on a student's character development, The Can-Do Crew's Truth and Stare Game provides a fun opportunity for students to demonstrate self-management and responsible decision-making skills.

Before starting the game, please display the "Truth and STARE" page (on the next page).

Read the opening lines and follow directions.

**Object of the Game:** Be the last two people standing

1. Stand in a circle.
2. Everyone looks down.
3. On the count of 1, 2, 3, everyone looks up at the same time and stares directly at someone else in the circle.
4. If two people are staring directly at each other, they are out and they must sit down. This is Truth and Stare!

You will need to be **Honest** if you are staring at someone else and show **Integrity** by sitting down.

5. Now, everyone still standing look down again and on the count of 1, 2, 3 looks up at the same time and stares directly at someone else who is also standing.

**It does not count if you stare at someone who is sitting.**

6. If two people are staring directly at each other, they are out and they must sit down.

Remember - Truth and Stare,

**Honesty** and **Integrity**!

7. Keep going until there are only two players left.

8. Play again with everyone!



# Truth and STARE

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Remember - Truth and Stare,  
**Honesty** and **Integrity!**
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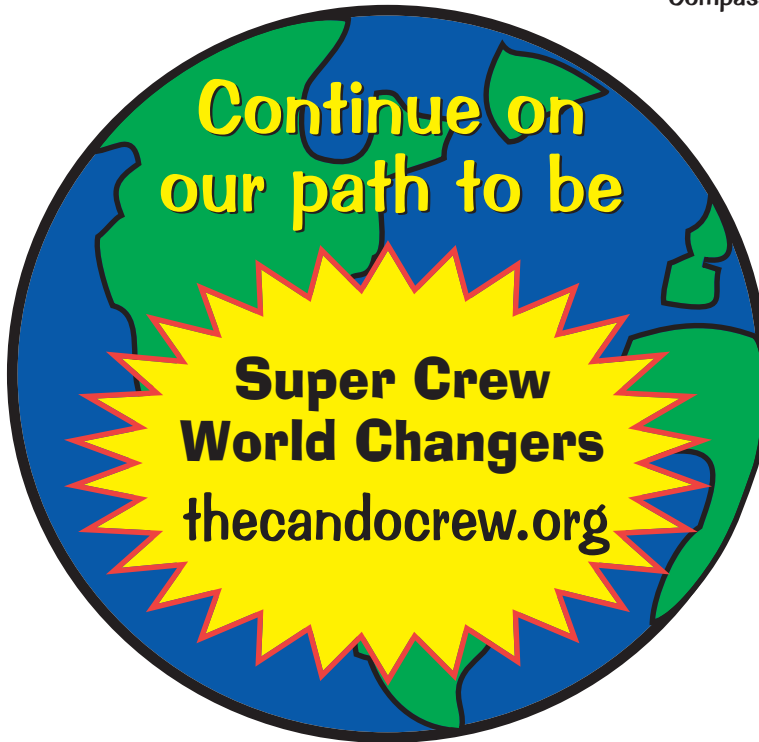


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