



# The Can-Do Crew



**THE ROAD OF RESPECT**  
Respect



**ALTRUISTIC ALL-STARS**  
Altruism



**HANDFUL OF COMPASSION**  
Compassion



**BE A PHILANTHROPIST**  
Philanthropy  
Fundraising  
Caring & Commitment



**COOPERATION CREW**  
Cooperation



**HEALTHY HERO**  
Nutrition



**BE A LEADER!**  
Empathy  
Empowerment  
Inclusion



**SPOTLIGHT ON INTEGRITY**  
Integrity



**KINDNESS KID**  
Consideration  
Kindness  
Multigenerational  
Relationships



**GENEROUS GARDNER**  
Generosity



**A TRUE FRIEND**  
Friendship



COOPERATION CREW  
Cooperation

# The Can-Do Crew

Super Crew  
World Changers

Grade levels: 2,3,4  
Subject: Cooperation  
Time Frame: 65-90 mins

## COOPERATION CREW

Working together for a common purpose, students put into practice the concept of **Cooperation** through creative social engagement and team building games. Reinforcing the core SEL skills of self-management, social awareness and healthy relationships, students are empowered to effect a positive collaborative environment. Students actively listen, clearly communicate and constructively negotiate while engaging in dynamic play. Experience **Cooperation** in short, fun and easy to follow lesson plans for grades 2, 3 and 4.

### Included in the Unit:

### Time Frame:

- The Can-Do Crew and You  
Our Can-Do Code Path  
The Can-Do Code  
Project on screen, read aloud and follow directions (3-5 minutes)
- I Cooperate! Definition, Gesture and Example  
Let's be Cooperative Super Crew World Changers  
Project on screen, read aloud and follow directions (4-5 minutes)
- The Can-Do Cooperation Crew Friendship Cooperation Quilt  
Project on screen, read aloud and follow directions  
Supply paper, crayons or markers for drawing (25-35 minutes)
- Stand Up and Cheer Game  
Project on screen, read aloud and follow directions (10-15 minutes)
- We Can Make That! Game  
Project on screen, read aloud and follow directions (10-15 minutes)
- Musical Chairs with an "Everybody's In!" Twist  
Project on screen, read aloud and play game (10-15 minutes)

### What you will need:

1. Capability to display on screen or print copies
2. Paper for drawing, crayons or markers

### Bonus Activities:

- "Everybody's In!" Story and discussion questions
- Reader's Theater: "Everybody's In!"
- "Qualities Quest" Game

# The Can-Do Crew and You

We know that even **ONE** person  
can make a big difference in the world...

by caring,  
by finding ways to help,  
and by doing good deeds.



It is **FUN, EASY** and **EVERYBODY** can do it!

Let's see if **YOU** can, too!

Do **YOU** care about other people?

If you do, Stand up

Do **YOU** help those in need?

If you do, Stand up and clap your hands

Do **YOU** do acts of kindness for others?

If you do, Stand up, clap your hands and stand on one foot.

Do **YOU** think you can Make a Difference in the world?

If you do, Stand up, clap your hands, stand on one foot and hop  
all at the same time

Let's Shout out our Motto:



We can  
make the  
world better!



Now let's follow

Our **Can-Do Code** Path

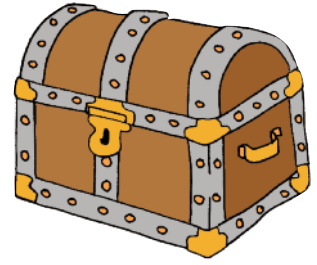
# Our **Can-Do Code** Path

leads us to a

## **Treasure Trunk**

where we will uncover

## **Powerful, Mighty and Amazing** **World Changing Words**



We call them **WCW** and  
they will guide us to being



**Super Crew**  
**World Changers**



Now stand up strong and tall.  
Put your fists on your hips and shout:

We will:

**Learn these words!**

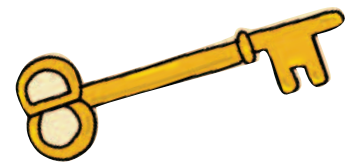
**Understand their meanings!**

**Use them everyday!**

How do we get started?

We need a **KEY**

to open the **WCW** Treasure Trunk!





# The Can-Do Code



is the **KEY** to opening the  
**Treasure Trunk of World Changing Words**  
We live by the Can-Do Code.  
It helps us Make the World Better!



Let's say it together:

When we are saying things  
**We are Mindful and Kind**  
Let's stand up, tap our heads and smile

When we are doing things  
**We Show Respect and Compassion**  
Let's stand up, salute then touch our hearts

Because our actions affect others  
**We are Considerate and Purposeful**  
Let's stand up, open our arms wide and march in place

Now that we have  
the **KEY**,  
let's open the  
**Treasure Trunk**  
on our Path to be  
**Super Crew**  
**World Changers!**

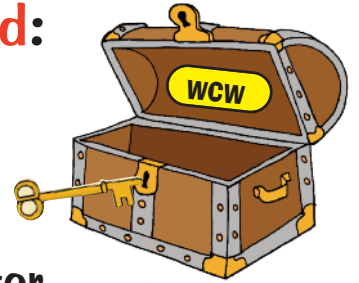




Here is our **World Changing Word**:

# Cooperation

Let's discover it's meaning and how we use it to make the world better.



## Cooperation

working together for a common purpose



I  
**Cooperate!**

Sam, Kim and Rachel work together to build a sand castle.



To help you remember what **Cooperation** means, make this **Gesture**:



**Clasp your hands**  
**in front of you**  
to show working together



Let's Be

**COOPERATIVE**  
**Super Crew**  
**World Changers**



Here are some ways to show **Cooperation**:

In order to win the derby competition, Denzel, Marco, Ketesha and Kim decide to work together to build the best model race car.

Why do the four students want to **COOPERATE**?

Before they can go to recess, Mrs. Sanchez asks all the students to come together to clean up the classroom.

What are the students doing to **COOPERATE**?

Justin cracks the eggs, Whitney measures the flour and Marquand stirs the batter as they work together to bake a cake.

How do the three of them demonstrate **COOPERATION**?

Show your **Super Crew World Changing POWER!**

1. Say the World Changing Word

1  
**Cooperate!**



2. Give its Meaning

**Cooperation**  
means working  
together for a  
common purpose

3. Signal its Gesture

Clasp your hands  
in front of you  
to show working together

4. Tell **YOUR** way to  
show **COOPERATION!**



# The Can-Do Cooperation Crew

## Friendship Cooperation Quilt

Let's make a Friendship Quilt!

We will Cooperate and work together

We will use Teamwork and all help each other

And be Polite and Kind, too

It is fun to work on a common cause

We are the Can-Do Cooperation Crew!



- Each of us will draw a Picture of **Friendship** for the Quilt.
- We will **COOPERATE** by sharing our supplies and working together on each other's picture.
- When we are done, we will work as a Team to put our **Friendship Cooperation Quilt** together.

**Step 1: Think and Draw**  
What makes **YOU** think of true **Friendship**?

Is it a symbol?

Is it a person?

Is it words?

Is it all of these things?



Using a pencil, draw the outline of your Quilt Square picture on a piece of paper.  
When you are finished, wait for the next step to color it in.



**Step 2: Color Share**

Count off into groups of 5 students  
Each group gets 5 crayons - **blue, red, yellow, green, orange**

**5 Minute Color Cooperation Challenge!**

Begin to color in your Quilt Square

You must use all 5 colors on your Quilt Square

**AND**

You must share all five colored crayons with your group

**AND**

You have 5 minutes to start to color your Quilt Square

It is OK if you do not finish coloring

You will have more time later

After 5 minutes, **FREEZE** and stop drawing.

**Color Cooperation Challenge Review**

How well did **YOU Cooperate**  
during the Color Cooperation Challenge?

**Stand up**

... if you showed **Cooperation**.

**Clap your hands twice**

... if you showed **Cooperation** with a smile on your face.

**Hop 3 times on one foot**

... if you showed **Cooperation** with a smile on your face  
and talked politely to members of your group.

Give yourself a big pat on the back for being a  
**Cooperative Super Crew World Changer!**



# The Can-Do Cooperation Crew **Friendship Cooperation Quilt**

## Step 3: Picture Share

In your same group of 5, each person takes 1 crayon.  
Each student will have one of the 5 colors.

### 5 minute Swap and Draw Challenge

You must pass your Quilt Square to the person on your right  
**AND**

You must use **YOUR** crayon to respectfully draw  
on the picture in front of you

**AND**

You must continue passing and coloring each Quilt Square in  
your group until you have added your crayon color to all 5

**AND**

You have 5 minutes to creatively work on all 5 Quilt Squares  
It is OK if you do not finish coloring  
You will have more time later

After 5 minutes, **FREEZE** and stop drawing.

### Swap and Draw Challenge Review

Did **YOU** show **Integrity**?

When no one was looking  
... did **YOU** do the right thing?  
If you did, wave both hands in the air

Did you treat the picture  
... as if it was your own?  
If you did, give yourself a Big Hug

If you did both things  
... stand up and make the **Gesture Signal for Integrity**  
Put your right on your heart and raise your left hand like you  
are making a promise.



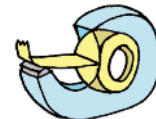
## The Can-Do Cooperation Crew **Friendship Cooperation Quilt**

### Step 4: Finishing Touches

In your same Group of 5, continue to share your 5 crayons.

Finish coloring in your Quilt Square.  
If you are finished, ask if anyone would like your help.

### Step 5: Quilt Time



In your Group of 5, tape your 5 Quilt Squares together in a row.



When everyone is finished, gather together in one big circle, bringing your row of Quilt Squares with you.

Cooperate in assembling the rows to make your  
**Friendship Cooperation Quilt.**



### Step 6: A Display of Friendship

Hang your **Friendship Cooperation Quilt**.  
Be proud of your **Cooperation** and beautiful artwork!



# Stand Up and CHEER

## "Everybody's IN!" Cooperation Game

### Leader's Guide

The object of this physically active cooperation game is having fun working together for a common goal.

Students hone their self-awareness and relationship management skills as they respectfully collaborate to stand up and cheer!

Before starting the game, please display the "Stand Up and CHEER" page (on the next page).

Read the opening lines and follow directions.

1. Everyone find a partner
2. Sit on the floor back to back
3. Bend your knees and link your elbows
4. Try to stand up together - You will need to **cooperate** and **work together**
5. When you stand up together, give a cheer!
6. Now, switch partners and try again
7. Next, break up your pairs and make groups of 3.  
Start again on the floor, bend your knees and link your elbows. All 3 stand up together!
8. For the Finale, everyone sit in a big circle on the floor.
9. Link your elbows with the people next to you
10. **Cooperate**, Stand Up and Cheer!



# Stand Up and CHEER

## "Everybody's IN!" Cooperation Game

Object of the Game: **Having FUN** working together  
We will sharpen our **cooperation** skills  
to stand up and cheer!

1. Everyone find a partner
2. Sit on the floor back to back
3. Bend your knees and link your elbows
4. Try to stand up together - You will need to **cooperate** and **work together**
5. When you stand up together, give a cheer!
6. Now, switch partners and try again
7. Next, break up your pairs and make groups of 3.  
Start again on the floor, bend your knees and link your elbows. All 3 stand up together!
8. For the Finale, everyone sit in a big circle on the floor.
9. Link your elbows with the people next to you
10. **Cooperate**, Stand Up and Cheer!





# We Can Make That!

## "Everybody's In!" Respect and Cooperation Leader's Guide



Students show **respect** as they work in small groups using their bodies to make different things (e.g., trains, spiders, wheelbarrows, etc.) in this physically active cooperation game.

Demonstrating positive social behaviors and relationship skills, students must be **respectful** of one another's ideas and **cooperate** to accomplish their goals.

**Object of the Game:** In small groups, listen with **Respect** to each other's ideas and **Cooperate** in small groups using your bodies to make all different kinds of things

Before starting the game, please display the "We Can Make That" page (on the next page).

Read the opening lines and follow instructions.

1. Everyone stands in a circle.
2. The Leader calls out a number between 2 and 5.
3. Everyone must form a group with that number of people in it.
4. The Leader then calls out a "thing".  
Every group must form that "thing" with their bodies.
5. Look around and see how creatively everyone has made their "things".
6. Each time you form a group, it must be with at least one new person.

**Let's try the first one together.**

The Leader calls out the number "3"

Form a group with 2 other people

The Leader now calls out "Bird"

Your group forms a Bird together



It is important to be Respectful of each other's ideas and Cooperate!  
Each group can make their own kind of bird - Be creative and original!

**Let's start Making That!**

#5 - Train

#4 - Spider

#2 - Wheelbarrow

#3 - Helicopter

#5 - Waterfall

#2 - Rocking Chair

#4 - Popcorn Maker

Everyone - Caterpillar





# We Can Make That!

## Cooperation and Respect Game



### Object of the Game:

In small groups, listen with **Respect** to each other's ideas and **Cooperate** using your bodies to make all different kinds of things

1. Everyone stands in a circle.
2. The Leader calls out a number between 2 and 5.
3. Everyone must form a group with that number of people in it. with your elbow neighbors
4. The Leader then calls out a "thing". Every group must form that "thing" with their bodies.
5. Look around and see how creatively everyone has made their "things".
6. Each time you form a group, it must be with at least one new person.

### Let's try the first one together.



The Leader calls out the number "3"  
Form a group with 2 other people  
The Leader now calls out "Bird"  
Your group forms a Bird together



It is important to be Respectful of each other's ideas and Cooperate!  
Each group can make their own kind of bird - Be creative and original!

**Let's start Making That!**



# Musical Chairs

with an "Everybody's In!" Twist!

## Leader's Guide



Musical Chairs is usually a game of elimination, however with an "Everybody's In!" Twist, it turns into a game of Inclusion and Cooperation. At the beginning of this fun upbeat group activity, students will experience firsthand how it feels to be out of the group as their chairs are taken away.

When the "Everybody's In!" Twist begins, everybody is back in the game, no one is out and shared seats are a must!

Cooperating in a joyful and safe environment, students are motivated to help one another, ensure that everyone is included, and be socially aware of other's feelings.

Before starting the game, please display the "Musical Chairs with an 'Everybody's In!' Twist!" page (after Leader's Guide Instructions). Read the opening lines and follow directions.

### Everybody's In Inclusion and Cooperation Game

Object of Game: **Work together to find everyone a seat**

Before we begin: Place the chairs in two lines back to back - one chair for each child

#### Round 1

When the music starts, march or dance around the chairs.

When the music stops, everyone finds a seat to sit in.

#### Round 2

Take away one chair. When the music starts, march or dance around the chairs.

When the music stops, everyone finds a seat to sit in. The child who does not find a seat is OUT.

#### Round 3

Take away another chair. Repeat and when the music stops, the next child who does not find a seat is OUT.

**STOP! Wait! Everybody is NOT In!**

We are the Can-Do Crew - Let's play the Musical Chairs Game with an "Everybody's In!" Twist:

**Everybody is back in the Game!**

**We want to play so no one is OUT!**

#### Round 4

Keep chairs where they are. When the music starts, march or dance around the chairs.

This time, when the music stops, everyone needs to find a seat.

Anyone who can not find a seat must find someone who is willing to share.

We will need to **COOPERATE** to **INCLUDE** everyone!

#### Round 5

Next, take away another chair. Play again and when the music stops, everyone needs to find a seat, even if it is a **SHARED** seat.

Continue playing, taking away another chair each time the music stops.

Play until everyone is sharing one chair. **Everybody's In!**



# Musical Chairs

with an "Everybody's In!" Twist!



Everybody's In Inclusion and Cooperation Game  
Object of Game: **Work together to find everyone a seat**

Before we begin: Place the chairs in two lines back to back - one chair for each child

## Round 1

When the music starts, march or dance around the chairs.

When the music stops, everyone finds a seat to sit in.

## Round 2

Take away one chair. When the music starts, march or dance around the chairs.

When the music stops, everyone finds a seat to sit in.

The child who does not find a seat is OUT.

## Round 3

Take away another chair. Repeat and when the music stops, the next child who does not find a seat is OUT.

**STOP! Wait! Everybody is NOT In!**

We are the Can-Do Crew - Let's play the Musical Chairs Game with an  
"Everybody's In!" Twist:

**Everybody is back in the Game!**

**We want to play so no one is OUT!**

## Round 4

Keep chairs where they are. When the music starts, march or dance around the chairs.

This time, when the music stops, everyone needs to find a seat.

Anyone who can not find a seat must find someone who is willing to share.

We will need to **COOPERATE** to **INCLUDE** everyone!

## Round 5

Next, take away another chair. Play again and when the music stops, everyone needs to find a seat, even if it is a **SHARED** seat.

Continue playing, taking away another chair each time the music stops.

Play until everyone is sharing one chair. **Everybody's In!**





# The Can-Do Crew



**THE ROAD OF RESPECT**  
Respect



**ALTRUISTIC ALL-STARS**  
Altruism



**HANDFUL OF COMPASSION**  
Compassion



**BE A PHILANTHROPIST**  
Philanthropy  
Fundraising  
Caring & Commitment



**COOPERATION CREW**  
Cooperation



**HEALTHY HERO**  
Nutrition



**BE A LEADER!**  
Empathy  
Empowerment  
Inclusion



**SPOTLIGHT ON INTEGRITY**  
Integrity



**KINDNESS KID**  
Consideration  
Kindness  
Multigenerational  
Relationships  
Community



**GENEROUS GARDNER**  
Generosity



**A TRUE FRIEND**  
Friendship