

# Making Old Friends

with the  
**CAN-DO CREW**

by Kiki Stew



## Lesson 1

# CAN-DO WELCOME AND "MAKING OLD FRIENDS" STORY

- The Can-Do Crew and You
- The Can-Do Code
  
- Read "Making Old Friends"
- Let's Talk About The Story



# The Can-Do Crew and You

We know that even **ONE person**  
can make a big difference in the world...  
by caring,  
by finding ways to help,  
and by doing good deeds.

It is **FUN, EASY** and **EVERYBODY** can do it!

Do **YOU** care about other people?

If you do, stand up

Do **YOU** help those in need?

Stand up and tap your head

Do **YOU** do acts of kindness for others?

Stand up, tap your head and stand on one foot.

Do **YOU** think you can Make a Difference in the world?

Stand up, tap your head, stand on one foot and hop  
all at the same time

Let's Shout out our Motto:



**We can  
make the  
world better!**



## Welcome to The Can-Do Crew!

Let's read aloud together:

# We are The Can-Do Crew!

We live by

## The Can-Do Code:

When we are saying things,  
**We are Mindful and Kind**  
Let's stand up, tap our heads and smile

When we are doing things,  
**We Show Respect and Compassion**  
Let's stand up, salute then touch our hearts

Because our actions affect others,  
**We are Considerate and Purposeful**  
Let's stand up, open our arms wide and march in place

# We can make the world better!



Read aloud the story, "Making Old Friends".  
Listen for the rhyming words.

# Making Old Friends

with the  
**CAN-DO CREW**

by Kiki Stew



# Making Old Friends



What do you think  
That I can do  
To make the world better  
For me and for you?

I am just a kid  
Who looks around  
And see lots of ideas  
Waiting to be found.

I have a nice neighbor.  
Her name is Mrs. Green.  
She is the oldest person  
That I have ever seen!



She lives all alone.  
Her kids moved away.  
Lately I have noticed  
She stays in all day.

So I came up with a plan  
That would be a good deed.  
I asked Dad if I could see  
What Mrs. Green might need.

Then I called her and said  
"Hi, I live down the street,  
My name is Bradley,  
Would you like to meet?"



What do you think  
that I can do  
to make the world better  
for me and for you?



She said, "Yes, please come over"  
And met me at the door  
With a big tray of cookies.  
She had one; I had four!

She said she had been  
A teacher in school.  
The same one I go to.  
Wow, that is really cool!

Then she told me a secret.  
She said she would enjoy  
Teaching reading again  
To a girl or a boy.



So once a week I walk  
To Mrs. Green's home  
And she and I work  
On a story or a poem.

She always takes time  
No matter the day  
To answer my questions  
And also to play.



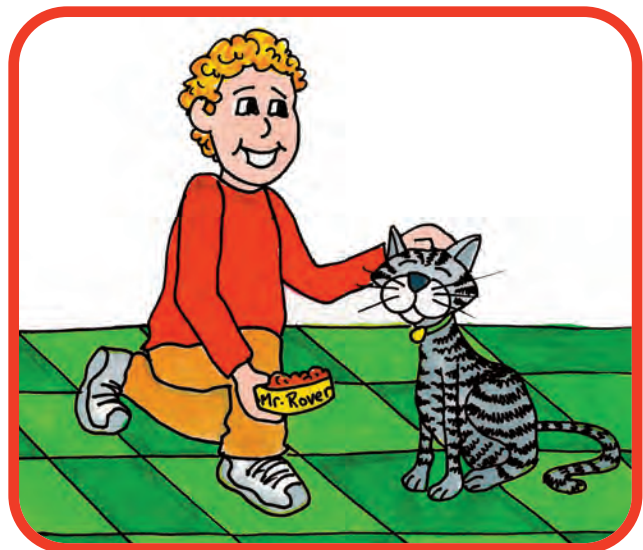
Sometimes her cat  
Who is named Mr. Rover  
Sits down on our game  
And we have to start over!

Mrs. Green helps me read  
And I help her, too  
With some of the things  
She finds hard to do.



Once a week I take out  
Mrs. Green's garbage pail  
And whenever I visit  
I bring in her mail.

When her kitty meows  
I know just what to do.  
I say, "Please, Mrs. Green,  
May I feed Rover for you?"





Afterwards we eat cookies,  
I more than she  
And we talk about her  
And we talk about me.



We both like to read  
And going outside  
But Mrs. Green stays in  
Unless she has a ride.

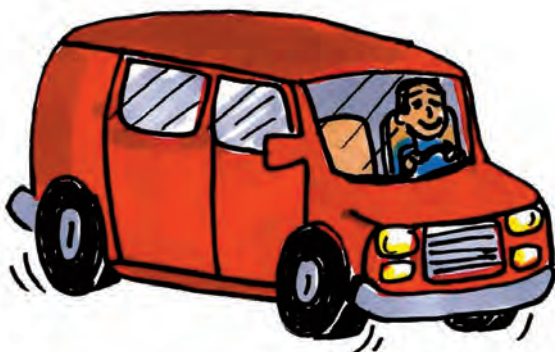


It is hard for her to walk  
Very far anymore.  
So she looks out her window  
At the world past her door.

She says when I visit  
I bring the world with me.  
Funny stories and songs  
Make her feel less lonely.

I am sad just to think  
That Mrs. Green is alone  
So if I cannot come over  
I call her on the phone.

Every Sunday a van  
Shows up at her door  
And takes Mrs. Green  
To the grocery store.



But last weekend it snowed  
And I did not know how  
The van would get through  
Where it had not been plowed.

So I called up my friends  
And last Saturday  
The Can-Do Crew shoveled  
Mrs. Green's driveway.

We all worked together  
And shoveled with speed.  
It made us feel happy  
To do a good deed.

Mrs. Green would look out  
Every once in a while  
And we knew she was pleased  
By the size of her smile.



When she saw what we had done,  
Her thanks would not end.  
But I told her, "No big deal,  
After all, you are our friend!"

I can make a big difference  
Just little old me  
By keeping my eyes open  
For others in need.

With love in my heart  
And one good idea or two,  
I can make the world better  
For me and for you!

The Can-Do Crew "Making Old Friends"  
Let's Talk About the Story

For each question, choose **ALL** of the correct answers.  
There may be more than one correct answer for each question.  
All of the answers can be found in the story!

1. Why does Bradley first decide to visit Mrs. Green?
- a. He notices she stays in all day
  - b. He knows she has a cat named Mr. Rover
  - c. He comes up with a good deed plan
  - d. He wants to see what Mrs. Green might need



Who could **YOU** visit who is  
as old as Mrs. Green and why?



2. What would Mrs. Green really enjoy doing again?
- a. Ride a bicycle
  - b. Make a snowman
  - c. Teach reading to a boy or a girl
  - d. Go to Disneyland

What do **YOU** think your "old friend"  
would like to do again?

3. What do Mrs. Green and Bradley enjoy doing together for fun?
- a. Talking about each other
  - b. Playing games
  - c. Working on a story or a poem
  - d. Eating cookies



What could **YOU** and your  
"old friend" do for fun?

**A good deed is a kind act that one person does for another.**

4. What good deeds does Bradley do for Mrs. Green?
- He takes out her garbage pail
  - He brings in her mail
  - He feeds Mr. Rover
  - He calls his friends to help shovel her driveway



**What good deeds could YOU do for your "old friend"?**

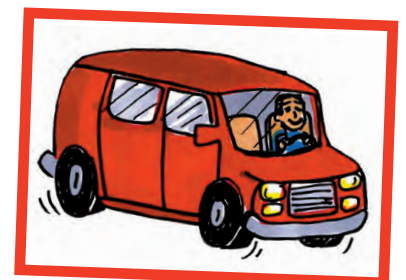
5. How does Bradley help Mrs. Green feel less lonely?
- He comes to visit
  - He brings funny stories and songs
  - He plays in the snow
  - He calls her on the phone



**What could YOU do to make your "old friend" less lonely?**

6. What do Bradley do to make sure the grocery van can get through?
- He eats cookies with Mrs. Green
  - He goes sledding with his friends
  - Bradley and his friends shovel Mrs. Green's driveway
  - He plays with Mr. Rover

**How could YOU and your friends help out an "old friend"?**



# THE CAN-DO PATH

- Can-Do Code
- Our Can-Do Code Path
- World Changing Words Treasure Map
- Key Cove
- Discovery Island
- Signal Mountain
- Card Cave
- Linking Lake
- Connection Woods
- Put it together Falls
- Word Search Swamp
- Super Crew World Changers

Let's read aloud together:

# We are The Can-Do Crew!

We live by

## The Can-Do Code:

When we are saying things,  
**We are Mindful and Kind**  
Let's stand up, tap our heads and smile

When we are doing things,  
**We Show Respect and Compassion**  
Let's stand up, salute then touch our hearts

Because our actions affect others,  
**We are Considerate and Purposeful**  
Let's stand up, open our arms wide and march in place

## We can make the world better!



# Our **Can-Do Code** Path

leads us to a

## Treasure Trunk

of

## World Changing Words



When we open our

"Making Old Friends" **Treasure Trunk**,

we will uncover

## 6 Powerful, Mighty and Amazing

## World Changing Words

We call them **WCW**.

Now, stand up strong and tall.

Put your fists on your hips and shout:



We will

### Learn these words!

### Understand their meanings!

### Use them everyday!

We will be

## Super Crew World Changers!



How do we get started?

We need a **WCW Treasure Map**, of course!

### Let's go on our Treasure Hunt!

Our **WCW Treasure Map** is our guide to becoming  
**Super Crew World Changers**.

Our quest has many fun games and activities!  
Let's trace our steps along the way and say together  
the name of each place.

**Start**

**Key Cove**



**Discovery Island**



**Signal Mountain**



**Card Cave**



**Linking Lake**



**Connection Woods**

**Put It All Together Falls**



**Word Search Swamp**



**Super Crew World Changers**

**We Can Make The World Better!**



# Key Cove



**Start**

Let's begin our **WCW** Treasure Hunt.

The Key to opening the  
**Treasure Trunk of World Changing Words** is

## The Can-Do Code:

Let's say it together:

When we are saying things,  
**We are Mindful and Kind**  
Let's stand up, tap our heads and smile

When we are doing things,  
**We Show Respect and Compassion**  
Let's stand up, salute then touch our hearts

Because our actions affect others,  
**We are Considerate and Purposeful**  
Let's stand up, open our arms wide and march in place

Now that we have  
the **Key**,  
let's find the  
**WCW** Treasure Trunk  
on our Quest to be  
**Super Crew**  
**World Changers!**



# Discovery Island



Let's open the "Making Old Friends"  
Treasure Trunk of **World Changing Words!**  
Read aloud each **WCW** and its definition.

## Considerate

showing kindness for  
another person's feelings

## Altruistic

being unselfish and  
showing concern for others

## Respect

to show honor or esteem  
for someone

## Community

a group of people living  
in the same area

## Multigenerational

involving people of different  
generations

## Generosity

freely giving or sharing one's  
time, talent or words



Let's go to our next stop,  
Signal Mountain!

# Signal Mountain



Each **World Changing Word** has its own **Gesture Signal**.  
This **Gesture** will help you remember what the word means.  
Say the **WCW**, pantomime the **Gesture** and think of the definition.



**Considerate**  
like you are opening  
a door



**Respect**  
give a salute



**Generosity**  
hands start at chest  
and then out in  
front of you



**Multigenerational**  
move your hand at three  
different heights



**Altruistic**  
hands on hips and  
shake head "yes"



**Community**  
start with arms out  
and come together  
in front of you

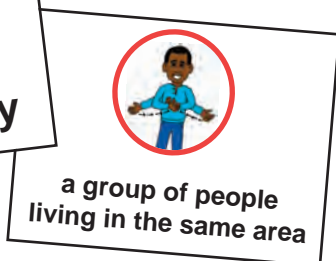
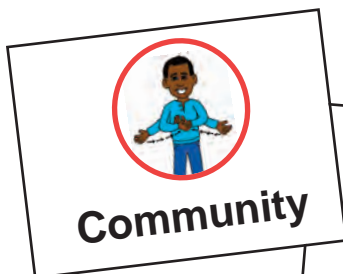


# Card Cave

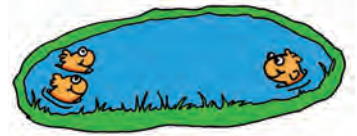
Let's now head into Card Cave where we will find the **WCWs**, their **Definitions** and **Gesture Signals** all in one place!

## World Changing Words Cards

1. Cut out each **WCW** Card
2. Write your name or initials on each card
3. Use them for the "Making Old Friends" World Changing Word Games



# Linking Lake



Link each **World Changing Word** with its **definition**.

Spread your **WCW** cards out in front of you.

Make the **Signal Gesture** for each word.

Draw a line connecting the **WCW** and its **definition** together.

freely giving or sharing  
one's time, talent or  
words

Considerate

involving people of  
different  
generations

Respect

being unselfish  
and showing  
concern for others

Generosity

a group of people  
living in the  
same area

Multigenerational

showing kindness  
for another  
person's feelings

Altruistic

to show honor or  
esteem for someone

Community



# Connection Woods

Connect each **World Changing Word** with its **example**.  
This connection will give you a better idea of how to use each word.  
Spread your **WCW** cards out in front of you.  
Make the Gesture Signal for the **WCW**.  
Draw a line connecting the **WCW** and its **example** together.

Without being asked, Bradley shovels Mrs. Green's driveway because he is concerned she will not get her groceries.

Bradley has high esteem for Mrs. Green's teaching talent.

Bradley cares that Mrs. Green is lonely and goes to visit her.

Respect

Community

Considerate

Multigenerational

Altruistic

Generosity

Bradley, his dad and Mrs. Green are all born in different generations.

Bradley takes time each week to feed Mrs. Green's cat and bring in her mail.

Mrs. Green, Bradley and Bradley's friends all live in the same neighborhood.



# Put It All Together Falls

## World Changing Word Game #1



- Spread the WCW Cards out in front of you with the Word facing up.
- Read each sentence.
  - Hold up the correct **WCW Card**.
  - Make the **Gesture Signal**.
  - Write the **WCW** on the line.

1. Mrs. Green tutors Bradley for an hour each week when he comes over to visit.

Mrs. Green is \_\_\_\_\_ with her time and talent.

2. Mrs. Green, Bradley and his friends live in the same neighborhood.

They are all in the same \_\_\_\_\_.

3. Bradley thinks Mrs. Green is one of the best teachers in the whole world.

Bradley \_\_\_\_\_ Mrs. Green.

4. Instead of playing in the snow, Bradley shovels Mrs. Green's driveway.

Bradley is being unselfish and \_\_\_\_\_.

5. Bradley cares about Mrs. Green's feelings and comes to visit her.

Bradley is being \_\_\_\_\_.

6. Bradley, his Dad and Mrs. Green get together in her front yard.

This is a \_\_\_\_\_ gathering.

# Word Search Swamp



Be generous ~ your talent and time you will share  
You will grow, you will learn,  
and most of all you will care!

Give a smile, say hello, show respect, be kind  
When you do all of this,  
an old friend is what you will find!

The Crew is looking for these hidden words  
in the puzzle below.

Generous	Talent	Time	Care
Smile	Respect	Kind	Old
Friend	Altruistic	Considerate	Community

Please help them find these hidden words.  
Be aware, the words can be horizontal, vertical, or diagonal.  
They can be written forward or backward!  
Circle each word when you find it.  
Then check it off on your list.  
Let's search.

C	I	T	S	I	U	R	T	L	A	R
O	O	D	N	P	W	C	C	B	K	M
M	T	N	I	F	R	I	E	N	D	N
M	C	I	S	P	E	R	P	T	E	D
U	R	K	M	I	M	E	S	A	L	G
N	U	O	I	E	D	S	E	O	X	F
I	U	B	L	F	G	E	R	T	S	Y
T	A	L	E	N	T	D	R	J	D	A
Y	G	Z	F	R	Y	E	N	A	V	H
R	G	E	N	E	R	O	U	S	T	W
N	S	U	Q	C	N	D	C	A	R	E





# We are now



## Super Crew World Changers



Show your **POWER**  
Say the **WCW**  
Signal the **Gesture**  
Make the World Better!



## Lesson 3



# EXPERIENTIAL LEARNING - CONSIDERATION IN OUR COMMUNITY



- The Can-Do Code
- I am Considerate - Definition, Gesture and Example
- Let's be Kind and Considerate Super Crew World Changers
- How does it feel to be as old as Mrs. Green?
- The Can-Do Caring Citizen Aging Exercises:  
Seeing, Hearing, Moving
- The Can-Do Caring Citizen  
Doing Good Deeds in our Community
- WCW Treasure Trunk and Game #2

Let's read aloud together:

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We live by

## The Can-Do Code:

When we are saying things,  
**We are Mindful and Kind**  
Let's stand up, tap our heads and smile

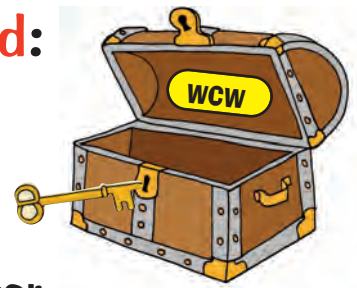
When we are doing things,  
**We Show Respect and Compassion**  
Let's stand up, salute then touch our hearts

Because our actions affect others,  
**We are Considerate and Purposeful**  
Let's stand up, open our arms wide and march in place

## We can make the world better!



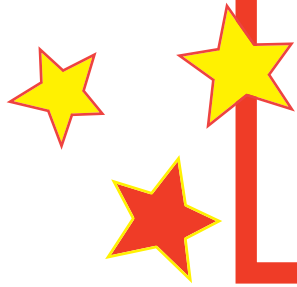
Here is our **World Changing Word**:



# Considerate

Let's discover it's meaning and how we use it to make the world better.

**Considerate**  
showing **kindness** for  
another person's feelings

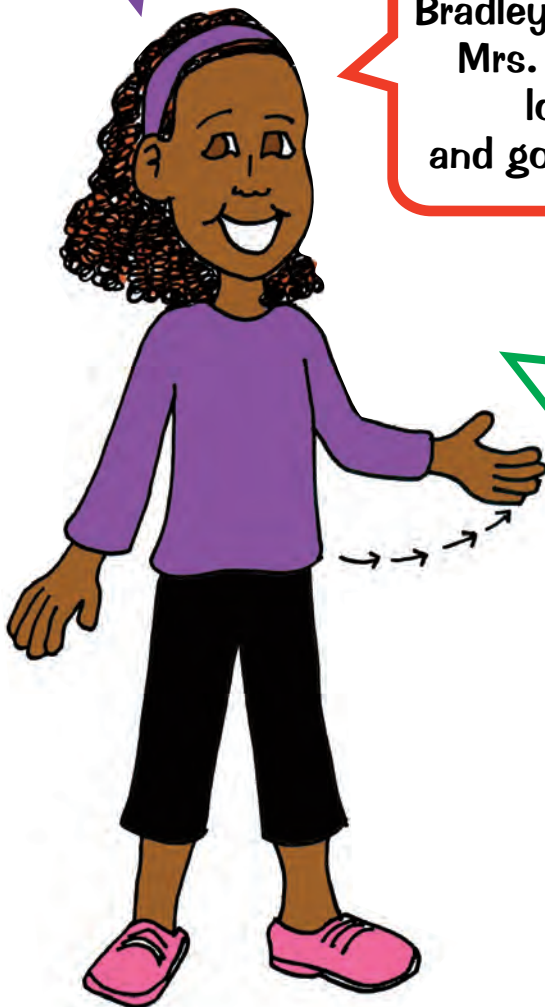


I am  
**Considerate!**

Bradley cares that  
Mrs. Green is  
lonely  
and goes to visit



To help you remember what  
**Considerate** means,  
make this **Gesture**:



Move your hand  
like you are opening  
a door  
to show you are helping



## **KIND and CONSIDERATE Super Crew World Changers**



Here are some ways to be **Kind and Considerate**:

Bradley cares about his elderly neighbor Mrs. Green's feelings of loneliness and comes to visit her.

Why is Bradley **CONSIDERATE**?

When his little brother Jack gets frustrated putting together the puzzle, Jamal pulls up a chair and says, "let's do it together."

How is Jamal being **KIND**?

When visiting her Aunt at the Senior Center, Angela always stops and asks the other residents how they are doing.

What does Angela do to be **CONSIDERATE**?

### Show your **Super Crew World Changing POWER!**

1. Say the World Changing Word

I am  
**Considerate!**



2. Give its Meaning

**Considerate** means  
showing **kindness**  
for another  
person's feelings

3. Signal its Gesture  
Move your hand  
like you are opening  
a door  
to show you are helping

4. Tell **YOUR** way to  
be **CONSIDERATE!**



# How does it feel to be as old as Mrs. Green?

Let's meet Mrs. Green

"She is the oldest person that I have ever seen"



**Mrs. Green**

Bradley's Elderly Neighbor  
Retired School Teacher  
Bradley's Older Friend

Mrs. Green is a **Senior Citizen**.  
She is an elderly person,  
who is retired.

Mrs. Green, like many **Senior Citizens**,  
has physically changed  
as she has grown older.

Her sight became  
less clear



She wears Glasses

She began to lose  
her hearing



She uses a  
Hearing Aid

Her bones and muscles  
became weaker



She walks  
with a Cane

Who do you know that is  
"the oldest person" you have ever seen?

Stand up and pretend that you are as old as this person.

Let's find out how it **REALLY** feels to be as **old** as Mrs. Green.

I am a  
CDCC!



To find out, it is time for  
**The Can-Do Caring Citizen  
Aging Exercises!**

I am a  
CDCC, too!



A Can-Do Caring Citizen (CDCC) is:  
**Considerate** about another person's feelings  
and does **Good Deeds**.

A **Good Deed** is a kind act that one person does for another.

Earn an **Aging Award**  
when you complete each  
**CDCC Aging Exercise**

Earn all 3 **CDCC Aging Awards** to  
become a **Can-Do Caring Citizen!**



You will **"SEE"** the world  
through Mrs. Green's **EYES!**

You will **"HEAR"** the world  
through Mrs. Green's **EARS!**



You will **"MOVE"** through the world  
like Mrs. Green!

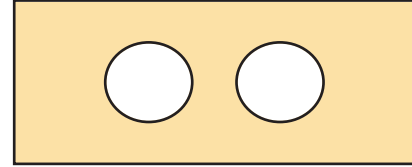


Let's Start Aging!



**CDCC SEEING Exercises:**  
Let's "SEE" the world through Mrs. Green's EYES!

We will have 2 paper glasses.  
They will be rectangles with  
cut out circles for eyes.



1. How does Mrs. Green SEE **WITH** her glasses?

- Hold up the rectangle to your eyes
- Now read the following line:

We can see clearly with Mrs. Green's glasses on.

2. How does Mrs. Green SEE **WITHOUT** her glasses?

- Tape a snack size baggie to the rectangle to cover the eye holes. These are your **Blurry** glasses.
- Hold up your **Blurry** glasses to your eyes.
- Now try to read the following line:

Everything is blurry and hard to read without Mrs. Green's glasses.

3. How does Mrs. Green SEE what is next to her?

- Take both hands and make circles around your eyes.
- Try to see the person next to you without moving your head.
- Now try to read the following line:

It is hard for Mrs. Green to see things next to her.

**Good Deeds in our Community**  
How can **YOU** help an older friend  
who has problems **SEEING**?  
Write down what you would do:

---

---



Have you earned  
your first  
**CDCC Aging Award?**



If you have,  
check the box





**CDCC HEARING Exercises:**  
Let's **"HEAR"** the world through Mrs. Green's **EARS!**

Do these exercises with a partner.  
One will be **Partner A** and one will be **Partner B**.

1. How does Mrs. Green **HEAR WITH** her hearing aid?

- Partner A: whisper the following line to Partner B:

Can you hear me clearly with your hearing aid?

- Now, Partner B: answer Partner A's question.

2. How does Mrs. Green **HEAR WITHOUT** her hearing aid?

- Partner A: Cover your ears tightly
- Partner B: Whisper the following line to Partner A

Is it hard to hear me without your hearing aid?

- Now, Partner A: Answer Partner B's question.

3. How does Mrs. Green **HEAR** when people speak very fast?

- Partner B: Cover your ears tightly
- Partner A: Read the following line very quickly and quietly to Partner B:

It is hard to hear when people talk fast

- Now, Partner B: Repeat the line back to Partner A
- If you cannot, have Partner A repeat it again a little slower

**Good Deeds in our Community**  
How can **YOU** help an older friend  
who has problems **HEARING**?  
Write down what you would do:

---

---



Have you earned  
your second  
**CDCC Aging Award?**

If you have,  
check the box



**CDCC MOVING Exercises:**  
Let's **"MOVE"** through the world like Mrs. Green!

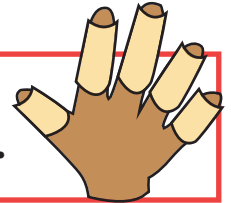


1. How does Mrs. Green **MOVE** her hands?

- First, let us see how **YOU** move your hands
- Using only one hand, pick up a pencil and write your name



Next, we will have finger sleeves.  
Put one sleeve on each finger and one on the thumb.



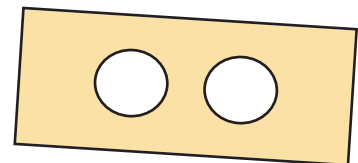
- Now, using only one hand, pick up a pencil and write your name

2. How does Mrs. Green **MOVE** her feet?

- First, let us see how **YOU** move your feet
- Stand up and walk across the room
- Next, put your shoes on the opposite feet and walk across the room.
- Now, do it again **WITHOUT** lifting your feet.

3. How does Mrs. Green **MOVE WITHOUT** wearing her glasses?

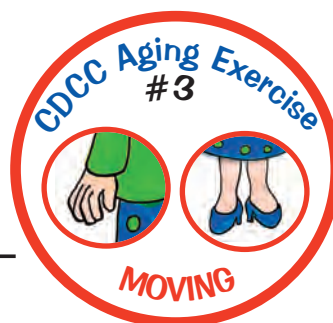
- With your shoes still on the opposite feet, put on your **Blurry** glasses and walk around the room **WITHOUT** lifting your feet.



**Good Deeds in our Community**  
How can **YOU** help an older friend who has problems **MOVING**?  
Write down what you would do:

---

---



Have you earned your **THIRD** CDCC Aging Award?

If you have, check the box

## Can-Do Caring Citizen

### Doing Good Deeds in your Community



1. Pick one of your **Good Deed** ideas from the **CDCC Aging Exercises**.
2. Draw a picture of you doing your **Good Deed** for your older friend.
3. Write a speech balloon of what **YOU** would say.
4. Write a speech balloon of what your older friend would say to you.



# Treasure Trunk of **WORLD CHANGING WORDS**

In order to become Super Crew World Changers,  
we have to know all of the **WCW**.  
Read the words, their definitions and make their **Signal Gestures**.



## Considerate

showing kindness for  
another person's feelings



## Respect

to show honor or esteem  
for someone



## Multigenerational

involving people of different  
generations



## Generosity

freely giving or sharing one's  
time, talent or words



## Altruistic

being unselfish and  
showing concern for others



## Community

a group of people living  
in the same area

## World Changing Word Game #2

Hold up the correct **WCW Card** for each sentence.

Make the **Gesture Signal**.

Then write the **WCW** on the line.



1. After school, Angela donates her time and talent helping cook meals in the Senior Center's kitchen

Angela is \_\_\_\_\_ with her time and cooking talent.

2. When at the Senior Center, Angela always stops and asks the residents how they are doing.

Angela is \_\_\_\_\_ about the residents' feelings.

3. Angela thinks Mr. Jones does the best job running the Senior Center.

Angela \_\_\_\_\_ Mr. Jones.

4. Angela, Mr. Jones and the residents all gather together in the dining room.

Angela, Mr. Jones and the Senior Center residents have a  
\_\_\_\_\_ gathering.

5. Angela lives in the same neighborhood as the Senior Center.

Angela and the residents all live in the same \_\_\_\_\_.

6. Angela likes helping the residents and without being asked she holds open the doors for everyone.

Angela is \_\_\_\_\_.

# Lesson 4

## MULTIGENERATIONAL

- Can-Do Code
- I am Multigenerational - Definition, Gesture and Example
- Let's be Multigenerational Super Crew World Changers
- Our Can-Do Crew Community is Multigenerational
- Multigenerational Building Blocks
- Sort, Stack and Scramble!  
Invention Building Blocks Game
- Multigenerational Word Builder Challenge



M U L T I G E N E R A T I O N A L

Let's read aloud together:

# We are The Can-Do Crew!

We live by

## The Can-Do Code:

When we are saying things,  
**We are Mindful and Kind**  
Let's stand up, tap our heads and smile

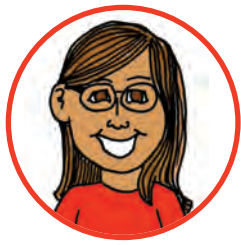
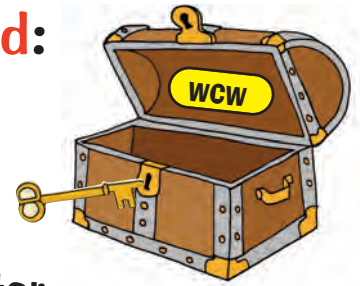
When we are doing things,  
**We Show Respect and Compassion**  
Let's stand up, salute then touch our hearts

Because our actions affect others,  
**We are Considerate and Purposeful**  
Let's stand up, open our arms wide and march in place

## We can make the world better!



Here is our **World Changing Word**:



# Multigenerational

Let's discover it's meaning and how we use it to make the world better.

## Multigenerational

involving people of different generations

My Community is  
**Multigenerational**

Bradley, his dad and Mrs. Green are all born in different generations.



To help you remember what **Multigenerational** means, make this **Gesture**:

Move your hand at three different heights to show the three generations



## Let's Be



# MULTIGENERATIONAL Super Crew World Changers



Here are some ways we are **Multigenerational**:

The first Saturday of each month, Bella, her Aunt Bertha and her Great Aunt Becky go to the movies together.

What makes this a **MULTIGENERATIONAL** group?

Angela and her elderly neighbor, Mrs. Johnson, play checkers each week.

Who is in a **MULTIGENERATIONAL** relationship?

Dr. Sanchez, along with his daughter and granddaughter came to George's birthday party.

How is George's birthday party **MULTIGENERATIONAL**?

Show your **Super Crew World Changing POWER!**

1. Say the World Changing Word

My community is  
**Multigenerational**

3. Signal its Gesture

Move your hand  
at three different heights  
to show the three generations



2. Give its Meaning

**Multigenerational**  
means  
involving people  
of different  
generations

4. Tell how YOUR  
community is  
**MULTIGENERATIONAL!**

# Our Can-Do Crew Community is Multigenerational

What does  
**Multi** mean?



What does  
**Generation**  
mean?



What  
**Generation**  
are you in?



**Multi** means  
more than one.

A **Generation** is a  
group of people  
who were born around  
the same time.

I am in a different  
**Generation**  
than my parents  
and grandparents.



**Mrs. Green**  
Senior Citizen  
Elderly Neighbor  
Older Friend

**Generation 1**



**Bradley's Dad**  
Parent

**Generation 2**



**Bradley**  
Child

**Generation 3**

These are our **Multigenerational** Building Blocks!

Which one do YOU stand on?

Which one does your teacher stand on?



# Multigenerational BUILDING BLOCKS

Now it is **YOUR** turn to fill in  
**YOUR 3 generations of Building Blocks**

Mrs. Green



Generation

1

\_\_\_\_\_  
Older Friend's  
Name

Bradley's Dad



Generation

2

\_\_\_\_\_  
Someone about  
20-30 years older  
than you

Bradley



Generation

3

\_\_\_\_\_  
Your Name

A family reunion  
is a  
**multigenerational**  
gathering.



How many  
**generations**  
do you see  
in this group?  
\_\_\_\_\_

# Sort and Stack Scramble!

## Invention Building Blocks Game

Inventions are **Multigenerational**.  
They have **Building Blocks**, too!

**Example:**

Think about typing your name.

First came the **Typewriter**

Next the **Computer**

And then the **Laptop**

Let's have **FUN** **Sorting** through **18 Inventions**  
and then **Stacking** them in their **Building Block** order:

**1** from **OLDEST** Generation

**2** to **MIDDLE** Generation

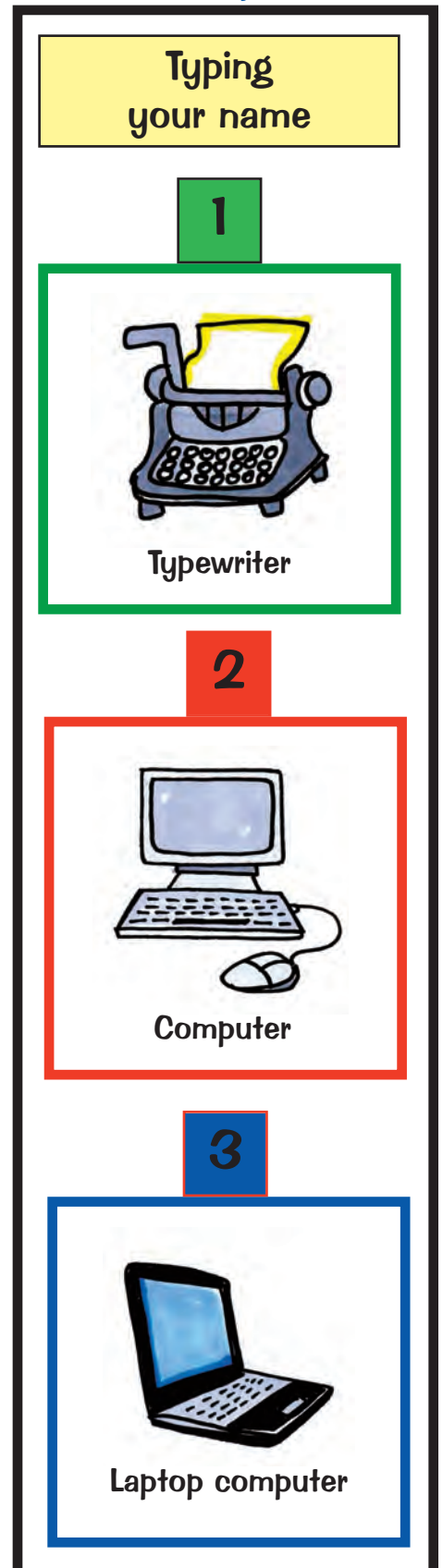
**3** to **YOUNGEST** Generation

**To Begin our Game:**

1. Cut out the 18 Inventions on the next page
2. Spread them out and think about goes together
3. Sort the Inventions into the 6 Invention categories
4. Stack the Inventions in each category from Oldest to Youngest in the correct Building Blocks

**Let's Sort and Stack!**

**Example**



# Sort and Stack Scramble!

## Inventions

Cut out each Invention along the dotted lines

Sort into the  
6 Invention  
Building Block  
Categories



Model-T car



Rotary telephone

Stack from 1-3  
Oldest to Youngest  
in the correct  
Building Blocks



Carriage



Light bulb



Biplane



Black & White  
television



Cell phone



Antenna television



Gramophone



Compact fluorescent  
light bulb



Candle



Propeller  
airplane



Hybrid car



Jet airplane



Record player



Flat screen TV



Candlestick telephone



Music I-pod

# Sort and Stack Scramble!

Invention Building Block Categories page 1

Lighting the World

1

2

3

Flying in an Airplane

1

2

3

Listening to Music

1

2

3

# Sort and Stack Scramble!

Invention Building Block Categories page 2

Talking on the Phone

1

2

3

Getting the News  
and Entertainment

1

2

3

Moving on Wheels

1

2

3

# MULTIGENERATIONAL

## Word Builder Challenge

1. Cut out the letters of the word Multigenerational at the bottom of the page.
2. Arrange the letters to make words and write them on the lines below.
3. Each word must have at least 3 letters.
4. See how many words you can make.
5. Score your words! See how high your score can go!  
3 points for each 3 letter word, 4 points for each 4 letter word,  
5 points for each 5 letter word, 6 points for each 6 letter word, etc.

Example: MAN 3

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

M	U	L	T	I	G
E	N	E	R	A	T
I	O	N	A	L	



# Lesson 5

## ALTRUISTIC

- Can-Do Code
- I am Altruistic - Definition, Gesture and Example
- Let's be Altruistic Super Crew World Changers
- A Can-Do Kid is...Altruistic
- Re-read "Making Old Friends"
- Think and Act like an Altruistic All-Star!
- Be an Altruistic All-Star!
- WCW Treasure Trunk and Game #3



Let's read aloud together:

# We are The Can-Do Crew!

We live by

## The Can-Do Code:

When we are saying things,  
**We are Mindful and Kind**  
Let's stand up, tap our heads and smile

When we are doing things,  
**We Show Respect and Compassion**  
Let's stand up, salute then touch our hearts

Because our actions affect others,  
**We are Considerate and Purposeful**  
Let's stand up, open our arms wide and march in place

## We can make the world better!

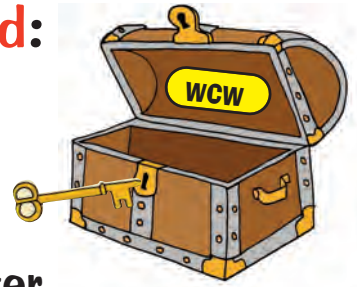


Here is our **World Changing Word**:



# Altruistic

Let's discover it's meaning and how we use it to make the world better.



## Altruistic

being unselfish and showing concern for others

I am **Altruistic!**



Without being asked, I helped shovel Mrs. Green's driveway because she could not do it herself.



To help you remember what **Altruistic** means, make this **Gesture**:

Stand up and place your hands on your hips and shake your head "yes" because it's the right thing to care about others and their needs.

# Let's Be



## ALTRUISTIC Super Crew World Changers



### Here are some ways to be **ALTRUISTIC**:

Even though George wanted to go and play, he helped Dr. Sanchez sort the supplies at the Clinic.

How is George being **ALTRUISTIC**?

Angela likes helping the residents at the Senior Center. Without being asked, she holds open the doors for everyone.

Why is Angela **ALTRUISTIC**?

Antonio has plans to go to the movies, but instead decides to help his Grandma Ann bake cookies for the charity bake sale.



What makes Antonio **ALTRUISTIC**?

### Show your **Super Crew World Changing POWER!**

1. Say the World Changing Word

I am  
**Altruistic!**



2. Give its Meaning

**Altruistic** means  
I am being unselfish  
and showing  
concern for others

3. Signal its Gesture

Stand up and place your  
hands on your hips  
and shake your head "yes"

4. Tell **YOUR** way to  
be **ALTRUISTIC!**

A Can-Do Crew Kid is...



# ALTRUISTIC

being unselfish and  
showing concern for others



Can **YOU** be  
an **ALTRUISTIC All-Star**?

Definitely!

**YES!!**

It's Simple!

Bradley is **unselfish**  
when he gives up playing in the snow to help Mrs. Green.  
Bradley shows **concern**  
when he cares how Mrs. Green will get her groceries  
and shovels her driveway.

Let's read aloud "**Making Old Friends**" again  
to see how Bradley became an **Altruistic All-Star**  
and how **YOU** can too!



# Think and Act like an **Altruistic All-Star!**

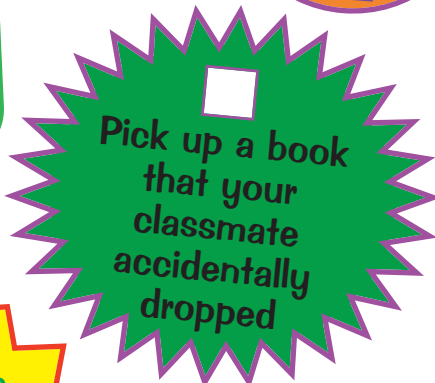
**Altruistic All-Stars** do many **Altruistic Acts** in the Classroom, at School, at Home and in the Community.

When **YOU** do **Altruistic Acts**, **YOU** think about others' needs before your own needs.



## Let's do some **Altruistic All-Star Acts!**

- Team up with a partner
- Take turns pretending to do these **Altruistic Acts**
- Pick one to act out in front of the entire group



How will **YOU** be an **Altruistic All-Star** in your **Community?**



# Be an Altruistic All-Star!



Think of 5 **Altruistic Acts** **YOU** will do to be kind and helpful.

Your **Altruistic Acts** may be for a **family member, classmate and/or someone in your community.**

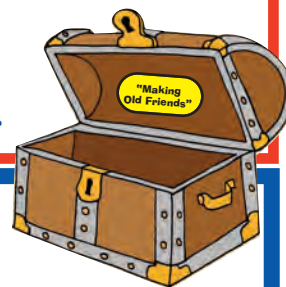
Write your **Altruistic Acts** on your **Star.** Draw a picture of yourself in the circle!

I am an **Altruistic All-Star!**

Name \_\_\_\_\_

# Treasure Trunk of **WORLD CHANGING WORDS**

In order to become Super Crew World Changers,  
we have to know all of the **WCW**.  
Read the words, their definitions and make their **Signal Gestures**.



## Considerate

showing kindness for  
another person's feelings



## Respect

to show honor or esteem  
for someone



## Multigenerational

involving people of different  
generations



## Generosity

freely giving or sharing one's  
time, talent or words



## Altruistic

being unselfish and  
showing concern for others



## Community

a group of people living  
in the same area



## World Changing Word Game #3

Hold up the correct **WCW Card** for each sentence.

Make the **Gesture Signal**.

Then write the **WCW** on the line.



1. Dr. Sanchez's clinic helps the entire neighborhood.

Dr. Sanchez serves the \_\_\_\_\_.

2. When George is feeling upset that he cannot remember a Spanish word, Dr. Sanchez tells him, "It's okay, just try again."

Dr. Sanchez is \_\_\_\_\_ of George's feelings

3. George thinks Dr. Sanchez is the best doctor in the world!

George \_\_\_\_\_ Mr. Sanchez.

4. Even though George wanted to go and play, he helped Dr. Sanchez sort the supplies at the Clinic.

George is being \_\_\_\_\_.

5. Dr. Sanchez is fluent in Spanish. He tutors George in Spanish twice a week.

Dr. Sanchez is \_\_\_\_\_ with his time and talent.

6. Dr. Sanchez, along with his daughter and granddaughter came to George's birthday party.

George's birthday party was a \_\_\_\_\_ gathering.

# Lesson 6

## RESPECT

- Can-Do Code
- I have Respect - Definition, Gesture and Example
- Let's be Respectful Super Crew World Changers
- Are you a Guardian of Respect?
- Be a Guardian of Respect
- Ride The Road of Respect Game
- Respect Patrol - Word Search



Let's read aloud together:

# We are The Can-Do Crew!

We live by

## The Can-Do Code:

When we are saying things,  
**We are Mindful and Kind**  
Let's stand up, tap our heads and smile

When we are doing things,  
**We Show Respect and Compassion**  
Let's stand up, salute then touch our hearts

Because our actions affect others,  
**We are Considerate and Purposeful**  
Let's stand up, open our arms wide and march in place

## We can make the world better!

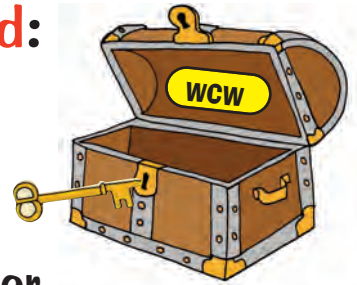


Here is our **World Changing Word**:



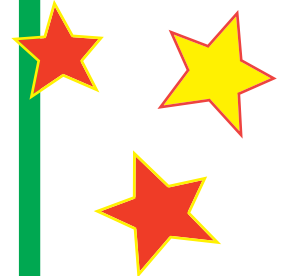
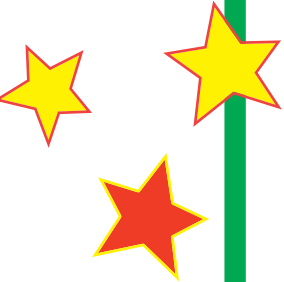
# Respect

Let's discover it's meaning and how we use it to make the world better.



## Respect

to show honor or esteem for others  
as well as care about  
their well being and feelings.



I show  
**Respect!**

Bradley has  
high esteem for  
Mrs. Green's  
teaching talent.



To help you remember what  
**Respect** means,  
make this **Gesture**:

**Give a salute**  
as a sign of your high esteem

## Let's Be



# RESPECTFUL Super Crew World Changers



Here are some ways to show **RESPECT**:

Bradley thinks Mrs. Green is one of the best teachers in the whole world.

Why does Bradley **RESPECT** Mrs. Green?

George listens quietly while Sarah is giving her book report.

How does George show **RESPECT** to Sarah?

Angela admires Mr. Jones, the manager of the Senior Center, because he cares so much about the residents.

What does Mr. Jones do to earn Angela's **RESPECT**?

Show your **Super Crew World Changing POWER!**

1. Say the World Changing Word

I show  
**Respect!**

2. Give its Meaning

**Respect** means  
showing honor  
or esteem  
for others as well as  
caring about their well  
being and feelings.

3. Signal its Gesture

Give a salute  
as a sign of your  
high esteem



4. Tell **YOUR** way to  
show **RESPECT!**

# Are you a Guardian of Respect?



To be a true **Guardian**,  
you must always follow **The Road of Respect**

## Let's read aloud Our Can-Do Rules of The Road of Respect

**G**et along with each other

**U**se good manners

**A**lways treat others the way you  
want to be treated

**R**espect others

**D**o the right thing

**I**mportant to show kindness and  
consideration

**A**ccept others for who they are

**N**o bullying

**S**top disrespect



# Be a Guardian of Respect

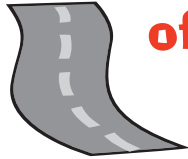


- Team up with a partner.
- Pick one of the **Rules of The Road of Respect** and discuss it with your partner.
- Come up with an idea to show this **Rule** in a drawing.
- Be sure to listen to each other and show **Respect** to one another's ideas.
- Draw a picture with you and your partner in it.
- Write a speech balloon of what you would say to one another about the **Rule**.

# Ride The Road of Respect Game



Are YOU riding on The Road of Respect?



OR

Are YOU falling into The Ditch of Disrespect?



To start:

1. Line up side by side in a row going across
2. Take 10 steps backwards - this is your Starting line
3. Listen to each of the Guardian of Respect situations

For each Guardian of Respect situation:



If you are showing **Respect**, make the **Respect Gesture** and point to the road ahead. Then, you may move **FORWARD**



If you are NOT showing **Respect**, cross your hands in front of you and then put them down towards the floor. Then you will move **BACKWARD**



Make it to the end of the road and become a **Guardian of Respect!**

Let's get started!





# Respect Patrol!

Be on the lookout for **Respect** - *Anywhere...Everywhere!*

The Guardians of Respect are looking for these hidden words in the puzzle below.

CARING	RULES	FRIENDLY	HONOR	KIND	EMPATHY
GUARDIAN	LISTEN	MANNERS	POLITE	RESPECT	

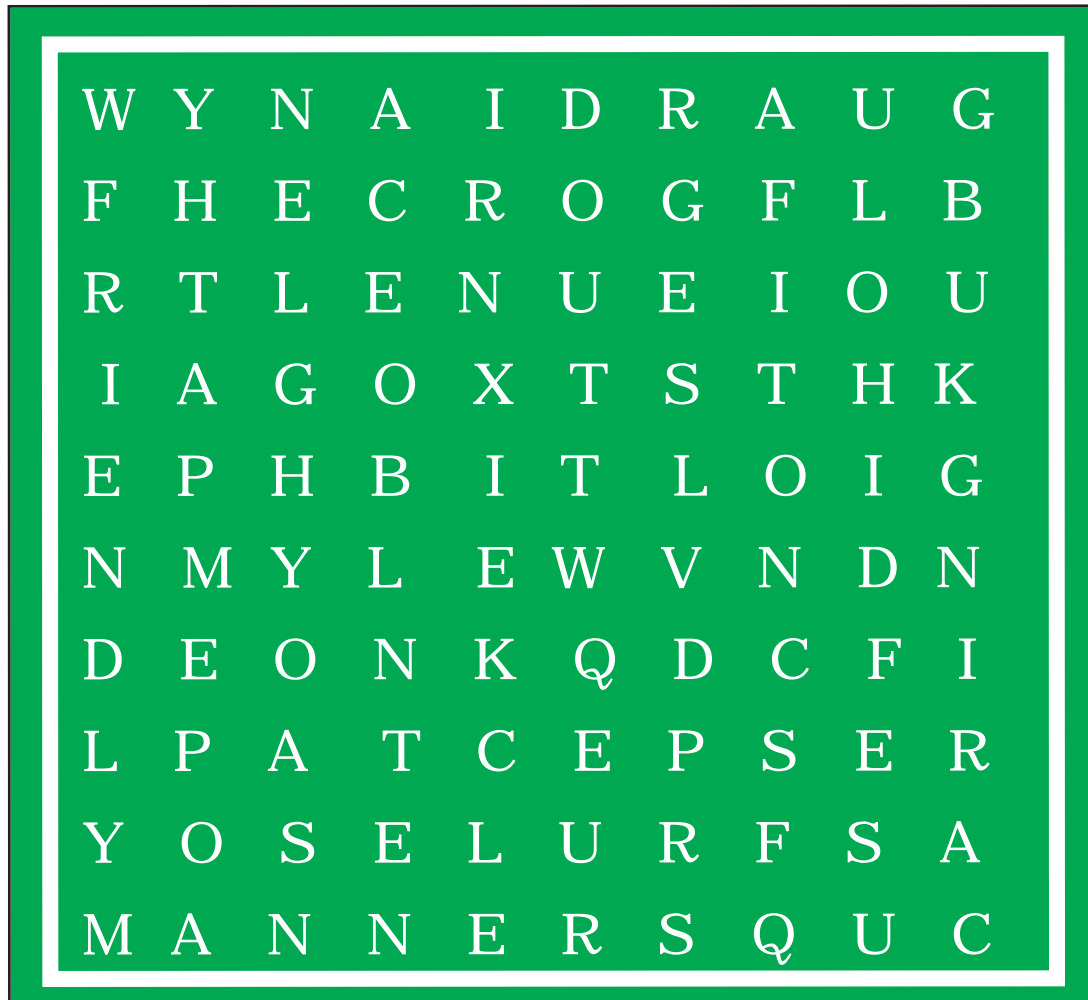
Be aware, the words can be horizontal, vertical, or diagonal.

They can be written frontward or backward!

Circle each word when you find it.

Then check it off on your list.

Let's search.



# Lesson 7

## GENEROUS GARDENER

- Can-Do Code
- I show Generosity - Definition, Gesture and Example
- Let's be Generous Super Crew World Changers
- A Goodness Garden Grows Great Gifts!
- What makes YOU a Generous Gardener?
- Goodness Garden
- Gift of Giving Game
- WCW Treasure Trunk and Game #4

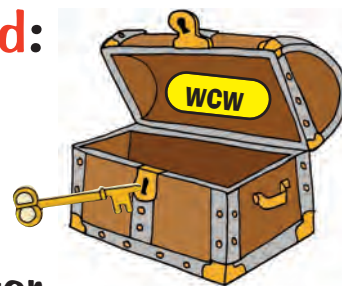


Here is our **World Changing Word**:



# Generosity

Let's discover it's meaning and how we use it to make the world better.



## Generosity

freely giving or sharing one's time, talent or words

I show  
**Generosity!**

Bradley takes time each week to feed Mrs. Green's cat and bring in her mail.



To help you remember what **Generosity** means, make this **Gesture**:



Cross your hands at your chest and then swing them out in front of you to show you are giving and sharing

## Let's Be



# GENEROUS Super Crew World Changers



## Here are some ways to show **Generosity**:

Mrs. Green tutors Bradley for an hour each week when he comes over to visit.

How is Mrs. Green **GENEROUS** with her time and talent?

When Mr. Sanchez broke his leg, George walked his dog each day.

Why does George demonstrate **GENEROSITY**?

Since Lizzie is a great dancer, after school she helps Katesha learn the dance steps for the talent show.

How does Lizzie show her **GENEROSITY**?

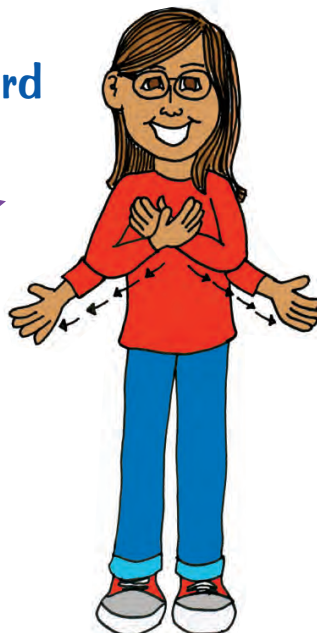
## Show your **Super Crew World Changing POWER!**

1. Say the World Changing Word

I show  
**Generosity!**

3. Signal its Gesture

Cross your hands at your chest  
and then swing them  
out in front of you  
to show you are giving  
and sharing



2. Give its Meaning

**Generosity** means  
freely giving or  
sharing one's  
time, talent or  
words

4. Tell **YOUR** way to  
show **GENEROSITY!**



The Can-Do Generous Gardener Says  
"A Goodness Garden  
Grows Great Gifts!"



helping someone  
or keeping them  
company



making or  
teaching  
something



saying "Thank You"  
or showing your  
appreciation

In our story, both Bradley and Mrs. Green are **Generous**.  
They give each other many **Gifts of Goodness**.



Bradley takes in  
the mail



Mrs. Green  
helps Bradley read



Bradley calls  
Mrs. Green on  
the phone

Go back to the "Making Old Friends" story and find more examples of  
Mrs. Green's and Bradley's **Gifts of Goodness**

---

---

---

How could YOU help a neighbor with YOUR  
**Gifts of Goodness?**



# What makes YOU a Generous Gardener?



Thinking  
about  
others

Wanting  
to  
Help

Being  
Kind  
and  
Caring

Making  
Someone  
Happy



What **Gifts of Goodness** are these Generous Gardeners Giving?  
Write down if it is a Gift of Time, Talent or Words.

Let me show  
you how to  
dribble the ball

You are  
so kind



Gift of \_\_\_\_\_

I want the park  
to be clean



Gift of \_\_\_\_\_

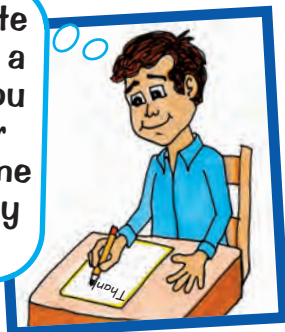
I am so happy  
learning how to  
do this with you

This is how  
you mix  
the batter



Gift of \_\_\_\_\_

I will write  
my aunt a  
Thank you  
note for  
sending me  
a birthday  
present



Gift of \_\_\_\_\_

I like walking  
Mr. Jones' dog

Woof!  
Glad you  
are helping!



Gift of \_\_\_\_\_

Thank you!  
That was  
great!



Gift of \_\_\_\_\_

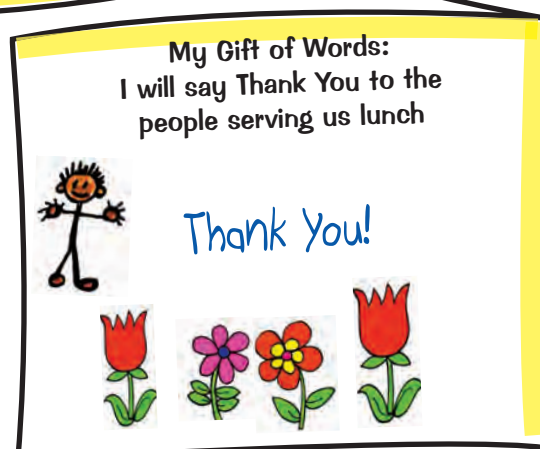
## The Can-Do Generous Gardener's

# GOODNESS GARDEN

Let's "plant" our own Gift of Goodness Garden!



1. Draw a flower or a garden of flowers on a piece of paper.
2. Write a sentence describing the Gift of Goodness YOU will give to someone you know.
3. Be creative and decorate your page with pictures that help illustrate your Generous Gift.
4. Take turns telling about the Gift of Goodness you drew and what it means to you.
5. "Plant" your Garden together. There are lots of ways to do it. Here are a few ideas or come up with your own: tape it on the wall, spread it out on the floor or string it together and hang it.





# The Can-Do Generous Gardener's **Gift of Giving Game!** Guess the Gift and Give a Gift



1.

We will be acting out 6 short scenes.  
Each scene will have a Group of 4 actors  
who are **Generous Gardeners**.

They are:

Thinking about Others  
Wanting to Help  
Being Kind and Caring  
Making someone Happy

2.

When each scene is finished,  
the Audience will Guess  
which **Gift of Goodness**  
is being acted out:  
A Gift of Time  
A Gift of Talent  
A Gift of Words

For a **Gift of Time**,  
Point to your wrist like  
you are wearing  
a watch



3.



For a **Gift of Talent**,  
Clap your hands  
two times

For a **Gift of Words**,  
Point to your mouth



4.

When the scene is over,  
what **Gift of Goodness**  
would YOU give?  
Write it down.

5.

Remember, When you are  
in the audience  
you need to be **quiet**,  
**considerate and respectful**  
to the actors.



The Can-Do Generous Gardener's  
**Gift of Giving Game!**

Guess the Gift and Give a Gift



Time



Talent



Words

Scene 1

Antonio: Aunt Selma, I wanted to call and say I love you and hope that you are feeling better.

Aunt Selma: You are so sweet! Thank you! Hearing your voice really makes me happy!

Antonio's Mom: That was so nice of you to call your great aunt.

Antonio's Dad: It is amazing how just a phone call can be such a great gift!

What is the Gift?

Time                  Talent                  Words  
(circle the Gift and make your Gesture)

Which Gift of Goodness would YOU give and describe it? \_\_\_\_\_

\_\_\_\_\_

The Can-Do Generous Gardener's  
**Gift of Giving Game!**

Guess the Gift and Give a Gift



Time



Talent



Words

Scene 2

Eddie: I am ready for recess! Come on, let's go outside and play.

Marquand: Wait a minute. Look at the mess in here. Let's pick up all of the books first.

Maggie: Great idea! It would be really nice if all three of us helped our teacher, Mr. Grady, clean up.

Mr. Grady: You are all so thoughtful! Your gift of help means a lot to me.

What is the Gift?

Time                      Talent                      Words  
(circle the Gift and make your Gesture)

Which Gift of Goodness would YOU give and describe it? \_\_\_\_\_

\_\_\_\_\_

# The Can-Do Generous Gardener's Gift of Giving Game!

## Guess the Gift and Give a Gift



Time



Talent



Words

### Scene 3

Mr. Jackson: I need some help figuring out my next move in this new computer game.

Mrs. Smith: Carlos has a real talent for these games. Carlos, can you please help us?

Carlos: I would be happy to! All you need to do is click here.

Mr. Kim: Thank you Carlos! Having you help us is a real gift!

What is the Gift?

Time                      Talent                      Words  
(circle the Gift and make your Gesture)

Which Gift of Goodness would YOU give and describe it? \_\_\_\_\_

\_\_\_\_\_

# The Can-Do Generous Gardener's Gift of Giving Game!

## Guess the Gift and Give a Gift



Time



Talent



Words

### Scene 4

Jason: Mrs. Jones is always so happy and helpful when we come for lunch.

Kim: I always look forward to seeing her.

Denzel: Me too! We should do something nice for her for all the things she does.

Jasmine: My Grandma Rose always tells me that a big thank you is a wonderful gift.

Everyone: Thank you Mrs. Jones! We really appreciate you!

What is the **Gift**?

Time                      Talent                      Words  
(circle the **Gift** and make your Gesture)

Which **Gift of Goodness** would YOU give and describe it? \_\_\_\_\_

\_\_\_\_\_

The Can-Do Generous Gardener's  
**Gift of Giving Game!**

**Guess the Gift and Give a Gift**



Time



Talent



Words

Scene 5

**Kamesha:** Aunt Bessie, it is amazing that you do not even look down when you are knitting!

**Lizzie:** I wish I could make a scarf just like you!

**Aunt Bessie:** Sit down and I will teach both of you how to knit.

**Kamesha's Mom:** Aunt Bessie taught me, too. It is quite a gift to pass along!

What is the **Gift**?

Time                  Talent                  Words  
(circle the **Gift** and make your **Gesture**)

Which **Gift of Goodness** would YOU give and describe it? \_\_\_\_\_

\_\_\_\_\_

The Can-Do Generous Gardener's  
**Gift of Giving Game!**

**Guess the Gift and Give a Gift**



Time



Talent



Words

Scene 6

Mr. O'Brien: You know, Jamal, my flowers do not look so good because it is hard for me to water them.

Jamal: Sarah and I would be happy to take turns watering your flowers once a week.

Sarah: Of course! And we can pull out the weeds, too.

Mrs. O'Brien: Having you thoughtful kids look after our garden will be a wonderful gift!

What is the **Gift**?

Time                  Talent                  Words  
(circle the **Gift** and make your **Gesture**)

Which **Gift of Goodness** would YOU give and describe it? \_\_\_\_\_

\_\_\_\_\_

# Treasure Trunk of **WORLD CHANGING WORDS**

In order to become Super Crew World Changers,  
we have to know all of the **WCW**.

Read the words, their definitions and make their **Signal Gestures**.



## Considerate

showing kindness for  
another person's feelings



## Respect

to show honor or esteem  
for someone



## Multigenerational

involving people of different  
generations



## Generosity

freely giving or sharing one's  
time, talent or words



## Altruistic

being unselfish and  
showing concern for others



## Community

a group of people living  
in the same area

## World Changing Word Game #4

Hold up the correct **WCW Card** for each sentence.

Make the **Gesture Signal**.

Then write the **WCW** on the line.



1. When his Great Uncle Jack gets frustrated putting together puzzles, Jamal pulls up a chair and says, "let's do it together."

Jamal is being \_\_\_\_\_ of his Great Uncle's feelings.

2. Angela thinks very highly of her Aunt Anya because she volunteers at a local animal shelter.

Angela has \_\_\_\_\_ for her Aunt Anya.

3. Eddie volunteers weekly to help teach English as a second language.

Eddie is \_\_\_\_\_ with his time and talent.

4. The first Saturday of each month, Bella, her Aunt Bertha and her Great Aunt Becky go to the movies together.

Bella, Aunt Bertha and Great Aunt Becky are a \_\_\_\_\_ group.

5. Antonio has plans to go to the movies, but instead helps his Grandma Ann bake cookies for the charity bake sale.

Antonio is being \_\_\_\_\_.

6. Kamesha and Kim got all their neighbors to participate in a canned food drive for the local food pantry.

The canned food drive became a \_\_\_\_\_ event.



# Lesson 8

## WRAP-UP AND REVIEW

- We are "Everybody's In!"  
Super Crew World Changers
- Community Champ Crusade...  
Becoming a Kindness Kid
- My Can-Do Caring Citizen Ticket



# We are "Everybody's In!" Super Crew World Changers!



Show Our **POWER**  
Say the **WCW**  
Signal the **Gesture**  
We Can Make the World Better!



We have learned the WCW and understand their meanings.  
We use them everyday!  
We also know:

## Be a Can-Do Caring Citizen



Be **Considerate** about another person's feelings and Do **Good Deeds**.



## Be an Altruistic All-Star

**YOU** think about others' needs before your own needs.

## Generous Gardener's Gifts of Goodness



Helping someone or keeping them company  
Making or teaching something  
Saying "Thank You" or showing your appreciation



Complete this **Can-Do Caring Citizen Ticket** so you can participate in the "Making Old Friends" final activity.

"Making  
Old  
Friends"

**My Can-Do  
Caring Citizen Ticket**  
Admit ONE



*A Good Deed is an act of kindness.*

Name: \_\_\_\_\_

My CDCC Good Deed was for:  
\_\_\_\_\_  
\_\_\_\_\_

My CDCC Good Deed was:  
\_\_\_\_\_  
\_\_\_\_\_

I did my Good Deed on (date): \_\_\_\_\_

# Lesson 9

## THEATRE PARTICIPATION

- "Making Old Friends" Community Theatre
- Kindness Kid Word Hunt - Consideration



# The Can-Do Crew Readers' Theatre Show

## "Making Old Friends" Community Theater

We are now ready for The Can-Do Crew Readers' Theatre Show!

- Once you have been assigned your role, read over all of your lines.
- As you rehearse, speak clearly so your audience can hear and understand you.
- And remember as an audience member, show respect by being quiet and courteous.
- Be sure to listen for our **World Changing Words** . . . Let the Show Begin!

### Can-Do Crew Characters:

Angela  
Bella  
Jasmine  
Kamesha  
Kim

Lizzie  
Maggie  
Rachel  
Rupali  
Sarah  
Whitney

Antonio  
Bradley  
Carlos  
Denzel  
Eddie

George  
Sam  
Jamal  
Jason  
Marquand  
Yoshi



**Scene 1: That Old House ~ RESPECT**

(A snowy Saturday afternoon in the neighborhood.)

**Angela:** I love the snow. We can make a snow fort together!

**Marquand:** How about if we hide and throw snowballs at that old house over there.

**Yoshi:** No way! We are NOT going to do that! We just learned about **respecting** our neighbors and their homes.

**Bradley:** That old house is where my friend, Mrs. Green lives and I REALLY **respect** her!

**Bella:** Really? I always thought that house was empty because I don't see many people there. And who is Mrs. Green?

**Jasmine:** Oh, my dad told me that she has lived there for over 50 years.

**Antonio:** Wow that is a LONG time! I bet she is a senior citizen just like my neighbor Mr. Brown who is over 65 years old.

**Rachel:** Besides **respecting** our neighbors and their homes, we should always respect our elders!

Scene 2: Who is Mrs. Green? ~ **GENEROSITY**

**Kamesha:** Bradley, how do you know Mrs. Green anyway?

**Bradley:** She is my friend. We talk, read stories, play games and eat cookies together. She makes the best chocolate chip cookies ever!

**Denzel:** You are telling us you are friends with an old lady?

**Maggie:** Sure, why not if she is really nice and they have fun together. My dad says that since her children moved away she has been lonely and it is hard for her to get around.

**Carlos:** That is so sad. She must stay inside by herself most of the time.

**Whitney:** Bradley, you are so nice to care about Mrs. Green and to visit her.

**Eddie:** So what else do you do together?

**Bradley:** Mrs. Green teaches me reading and helps me write stories and poems.

**Lizzie:** Wow, you are both **generous** with your time and Mrs. Green with her talent.



**Scene 3: Coming up with a Plan ~ ALTRUISTIC**

**Sarah:** Wait a minute. How does Mrs. Green get food if she hardly ever goes out?

**Rupali:** Every Sunday, I see a Senior Center van pull into her driveway. Maybe it takes her to the grocery store.

**Kim:** My mom volunteers at the Senior Center. They do have a van that takes older people to the store, the doctor and other important places.

**George:** Look at all that snow. The van will never make it up her driveway tomorrow.

**Sam:** We could shovel the driveway for her. We could do it just because we want to, -- without being asked.

**Jamal:** But I thought we were going to play in the snow.

**Rachael:** We will Jamal, but first we need to care about Bradley's friend and help her. Plus it will be fun!

**Everyone:** We will be **Altruistic All Stars!**

#### Scene 4: Asking Permission ~ GIFT OF GOODNESS

(Bradley's Dad comes outside and is looking for the newspaper in the snow.)

Jason: Great idea, but do you think we first need to get permission?

Bella: You know you are right. When we want to do something like this we need to ask permission from an adult. It shows we have **respect**.

Kamesha: There is your dad, Bradley. We can ask him.

Denzel: Mr. Blackman, do you think it would be okay if we shoveled Mrs. Green's driveway for her?

Angela: We want to give Mrs. Green a Can-Do Crew **Gift of Goodness** Coupon!

Marquand: We give it when we do an **Act of Kindness**, such as, helping someone, teaching them something or saying thank you.

Bradley's Dad: Well, that sounds great to me. However, you will have to ask Mrs. Green for permission, as well, since it is her driveway.

Eddie: Okay, we will go ask! We need to be polite and show **respect**.

**Scene 5: Meeting Mrs. Green ~ CONSIDERATE**

(The group walks over to Mrs. Green's house and Bradley knocks on the door.)

**Mrs. Green:** Hello Bradley. It is nice to see you and your friends.  
What may I do for you?

**Bradley:** It is what WE CAN DO for YOU Mrs. Green!

**Kim:** May we present you with our Can-Do Crew  
**Gift of Goodness** Coupon to shovel your driveway  
and sidewalk today?

**Carlos:** Bradley told us that sometimes he helps you with chores  
that may be a little difficult for you, like taking out the  
garbage and bringing in your mail.

**Lizzie:** Since Bradley cares about you and your feelings, we also  
wanted to show you some **kindness**.

**George:** Right! So we thought the best way to do that was for all  
of us to help you out this afternoon.

**Mrs. Green:** Thank you for your very **considerate** offer! But, it does  
seem like an awful lot of work for you children.

**Everyone:** Oh, we are happy to do it!

**Scene 6: Shoveling the Snow ~ CAN-DO CARING CITIZEN AWARD**

(The Crew is shoveling the snow.)

**Sam:** It is amazing how much we can do when everybody is helping.

**Sarah:** It would have been almost impossible for Mrs. Green to do this herself.

**Antonio:** I noticed when we were with her that it is really hard for her to move her hands and feet.

**Whitney:** When I imagine myself as Mrs. Green trying to dig out this driveway, I can hardly pick up my shovel.

**Yoshi:** Plus it would be so difficult for her to walk up and down the driveway.

**Jason:** Now try to picture Mrs. Green doing it without wearing her thick glasses and hearing aid.

**Jasmine:** You know it is not easy to "see" or "hear" the world through Mrs. Green's eyes and ears.

**Eddie:** That is exactly why we are out here doing the shoveling for her.

**Bradley's Dad:** Bravo! You all have just earned the **Can-Do Caring Citizen Award!**

**Scene 7: Visiting with Mrs. Green ~ MULTIGENERATIONAL**

(Mrs. Green opens her front door and looks outside.)

**Bradley's Dad:** Good afternoon, Mrs. Green. These kids did a great job!

**Mrs. Green:** I am so grateful to all of you. Please come in and have some freshly baked cookies.

(The children stomp and shake and brush snow off of them before they enter Mrs. Green's home.)

**Bella:** Wow, this is a real **multigenerational** get together.

**Denzel:** You are right! Bradley, his dad, Mr. Blackman, and Mrs. Green are from three different **generations**.

**Lizzie:** That was just like when my Grandma and her sister, my Great Aunt Beckie, came to my birthday party.

**Jamal:** I remember that. There were all of us, your parents, your Grandma and her sister and you.

**Kim:** I didn't even realize it was a **multigenerational** birthday party. It was just a lot of fun!

**Sam:** This is interesting, but not as interesting as the cookies I smell in here!

**Rachel:** Mmmmmm!!! Just let me breathe in all this warm, delicious "cookie" air!

**Scene 8: Mrs. Green's Surprise ~ GENEROUS GARDENER**

(The children follow Mrs. Green to her study where the walls are covered with school pictures.)

**Yoshi:** Wow, what a surprise! You have so many class photos framed on your wall from when you were a school teacher.

**Sarah:** There is Lizzie's mom. Jamal that is your dad. I did not know they all lived in the same **community** growing up.

**Jamal:** Mrs. Green did you ever have a student like me? I have trouble reading and it makes me feel dumb.

**Antonio:** There is no such thing as "dumb", Jamal. We all learn at different paces. You may be slow at reading, but you are really smart at math!

**Maggie:** You just need to find someone who is kind and caring that wants to help tutor you in reading.

**Mrs. Green:** Jamal, it would make me happy to help you with your reading any time after school or on the weekends. I would not charge you a penny.

**Rupali:** Mrs. Green, you would be like a **Generous Gardner** giving your gifts of time and talent.

**Jason:** It is no wonder that all the students liked you and held you in high esteem.

**Jamal:** Thank you, Mrs. Green! That would be very **generous** of you. I just need to check with my mom first.

**Whitney:** Well, it is getting dark outside. I think we need to head home now.

**Everyone:** Thank you, Mrs. Green!

**Scene 9: A Good Deed...A Good Day ~ COMMUNITY and THE KINDNESS KID**

(The children walking together and talk excitedly about their day.)

**Carlos:** That sure was better than building a snow fort!

**Kamesha:** That was one of the best Saturdays ever!

**George:** I feel like we have a new – OLD – friend.

**Bradley:** Do you know what Mrs. Green whispered to me before we left? She thanked me for bringing the outside world IN to her.

**Angela:** I think this day meant a lot to all of us!

**Marquand:** It was great to help someone who lives in our neighborhood. We should do it again for another person in our **community**.

**Maggie:** We would be the **Kindness Kids** showing **respect**, **generosity**, **consideration** and **altruism** to all our neighbors.

**Bella:** That's the same as being part of the Can-Do Crew!

**Everyone:** We can make a big difference in the world by caring, by finding ways to help and by doing **good deeds**.

# KINDNESS KID WORD HUNT

The word **CONSIDERATION** has many words inside of it.  
Try to find as many 3-letter, 4-letter and 5-letter words as you can.  
Because the Crew likes to help so much,  
they found the first few words.



**Consideration**

fan  
dot  
ate



# Lesson 10

## CULMINATING ACTIVITY

- "Making Old Friends" Interview
- Certificate of Completion

Let me tell you  
what it was like  
when I was  
your age



# "Making Old Friends Interview"

A great way to learn about another person and another generation is to **INTERVIEW** someone who is much older than you.

This is a great way to discover what the world was like when he or she was your age.

When asking the questions below, make sure to listen carefully to the answers. You may be surprised what you find out!

Remember, it is always **Polite** to begin by introducing yourself and end by saying Thank You!

Hello, my name is \_\_\_\_\_

It is a pleasure to talk with you \_\_\_\_\_  
Name of person you are interviewing

May I ask you a few questions about your life?

1. When and where were you born? \_\_\_\_\_

\_\_\_\_\_

2. What games did you like to play when you were my age? \_\_\_\_\_

\_\_\_\_\_

3. What was your favorite subject? \_\_\_\_\_

Why? \_\_\_\_\_

4. What was one of the things you did after school or on the weekend?

\_\_\_\_\_

\_\_\_\_\_

5. What was your favorite holiday? \_\_\_\_\_

How did you celebrate? \_\_\_\_\_

\_\_\_\_\_

6. What was your favorite candy bar? \_\_\_\_\_  
\_\_\_\_\_
7. Did you play any sports or musical instruments? \_\_\_\_\_  
What were they? \_\_\_\_\_
8. Did you have a pet? \_\_\_\_\_ If so, tell me about it. \_\_\_\_\_  
\_\_\_\_\_
9. How did you get the news of the world? \_\_\_\_\_  
\_\_\_\_\_
10. What were some of the big news stories when you were young? \_\_\_\_\_  
\_\_\_\_\_
11. What were telephones like when you were my age? \_\_\_\_\_  
\_\_\_\_\_
12. What kind of music did you like? \_\_\_\_\_  
Who was your favorite performer? \_\_\_\_\_
13. Who was the president when you were my age? \_\_\_\_\_  
What do you remember about him? \_\_\_\_\_  
\_\_\_\_\_
14. What was your favorite book or movie? \_\_\_\_\_  
\_\_\_\_\_
15. Who was your hero? \_\_\_\_\_ Why? \_\_\_\_\_  
\_\_\_\_\_
16. What piece of advice would you give me? \_\_\_\_\_  
\_\_\_\_\_

Thank you! It was a pleasure meeting you.



**CONGRATULATIONS!**

Certificate of Completion

awarded to:



---

for outstanding participation as an Official Member of

**The Can-Do Crew**

**We can make the world better!**

You have successfully completed

**"Making Old Friends"**

**Kiki Stew**

Granted by



Date

# The Can-Do Crew "Making Old Friends" Review



showing kindness for another person's feelings

showing honor or esteem for someone

involving people of different generations

freely giving one's time, talent or words

being unselfish and showing concern for others

a group of people living in the same area

-----  
Be a **Can-Do Caring Citizen**

Be an **Altruistic All-star**

**Generous Gardener's**  
Gifts of Goodness

**Time**  
**Talent**  
**Words**

## World Changing Words

Considerate

Respect

Multigenerational

Generous

Altruistic

Community

-----  
Be **Considerate** about another person's feelings and Do **Good Deeds**.

**YOU** think about others' needs before your own needs.

Helping someone or keeping them company

Making or teaching something

Saying "Thank You" or showing your appreciation

# "Making Old Friends" Survey

page 1



Name \_\_\_\_\_ Date \_\_\_\_\_

Circle the correct answer.

1. The definition of Considerate is:
  - a. Engaging in activities with senior citizens
  - b. Showing honor or esteem for someone
  - c. Giving one's time, talent, or money
  - d. Showing kindness for another person's feelings
  
2. Maggie needed help learning her lines for the school play. Lizzie volunteered her time every day after school to help her. This is an example of:
  - a. Respect
  - b. Community
  - c. Multigenerational
  - d. Generosity
  
3. Which one of these four groups is Multigenerational?
  - a. My friends from school and I
  - b. My grandmother and my grandfather
  - c. My grandmother, my mother, and I
  - d. My mother and father
  
4. Angela and George think and act like "Altruistic All-stars". Write down two Altruistic Qualities they have.  
\_\_\_\_\_ and  
\_\_\_\_\_.
  
5. Bradley is a "Can-Do Caring Citizen". This means he:
  - a. Hopes to be president of his class
  - b. Is responsible for collecting the homework
  - c. Is considerate about another person's feelings and does good deeds
  - d. Promises to do his chores around the house

# "Making Old Friends" Survey

page 2



6. I hold my great grandfather in high esteem. This means that I:
- Help him walk across the street
  - Have a great deal of respect for him
  - Am honest and caring
  - Think he is tall
7. Which of the following is an example of a good deed?
- Going to school
  - Playing basketball
  - Taking out the trash for my neighbor
  - Doing my homework
8. Sam, Dr. Johnson and Mrs. Chin are all part of the same Community. This means that they:
- Sing in the same choir
  - Live in the same neighborhood
  - Share the same birthday
  - Have the same hair color
9. Which of the following is an example of being Altruistic?
- Kim likes to play games with her grandmother
  - Denzel is interested in current events
  - Bella helps Mr. Gomez weed his garden even though she wants to watch a movie.
  - Kamesha helps her mom set the table
10. Whitney is a "Generous Gardner" to her elderly neighbor. What are two qualities that makes her a "Generous Gardner"?

\_\_\_\_\_ and  
\_\_\_\_\_.